



## **JAI HIND COLLEGE**

Basantsing Institute of Science & J. T. Lalvani College of Commerce.

And Sheila Gopal Raheja College of Management

**Affiliated to University of Mumbai**

**Autonomous**

**Bachelor of Arts (B.A. in Psychology)**

## Semester I

<b>Course Code:</b> <b>APSY101</b>	<b>Course Title: Introduction to Psychology</b>
---------------------------------------	---

### **Learning Objectives:**

- To explore scientific methods in psychology
- To build an awareness of the study of brain behaviour link and enhance understanding of different phases of Human Development
- To orient students about issues related to mental & psychological health and increase awareness about stressors, coping mechanisms and therapies

### **Learning Outcomes:**

- Discuss scientific methods in psychology
- Describe different phases of Human Development and brain behaviour link.
- Enlist stressors, coping mechanisms and therapies

**Semester II**

<b>Course Code: APSY201</b>	<b>Course Title: Fundamentals of Psychology</b>
---------------------------------	---

**Learning Objectives:**

- To stimulate interest in areas of human Consciousness
- To explore and Critique major personality theories and explore contemporary issues in the field of Cognition
- To understand the basics of human motivation and orient students in the use of Statistical Tools for analyzing data in the field of Social Sciences

**Learning Outcomes:**

- Describe areas of human Consciousness
- Discuss contemporary issues in the field of Cognition
- Summarize basics of human motivation

### Semester III

<b>Course Code: APSY301</b>	<b>Course Title: Social psychology part I</b>
---------------------------------	---

#### **Learning Objectives:**

- To create awareness of the scientific field of social psychology
- To explore the current research trends in social psychology and delve into basic concepts of social cognition
- To introduce the field of attitudes and inculcate basic skills of writing a literature review

#### **Learning Outcomes:**

- Discuss the processes of social perception, cognition and attitudes
- Write a literature review on a topic of choice under the theme of SELF
- Explain basic concepts of social cognition.

### Semester III

<b>Course Code: APSY302</b>	<b>Course Title: Human Development across three stages: Birth, Infancy and Preschool</b>
---------------------------------	--

#### **Learning Objectives:**

To Understand Physical and Cognitive development in Infancy (birth to 3 years) and Learn about Social and Personality development in Infancy

To learn about Physical and Cognitive development in the Preschool years (3 years – 6 years)

To gain information about Social and Personality development in Preschool years and enhance understanding about changes happening from Birth till Preschool years

#### **Learning Outcomes:**

- Summarize Physical and Cognitive development in Infancy (birth to 3 years)
- Illustrate Physical and Cognitive development in the Preschool years (3 years – 6 years)
- Explain Social and Personality development in Preschool years

### Semester III

<b>Course Code:</b> <b>APSY301AC</b>	<b>Course Title: Psychology of Adjustment (Psychology of Living)</b>
---	--

#### **Learning Objectives:**

- To impart knowledge of the basic concepts and modern trends in Psychology of Adjustment
- To foster interest in Psychology of Adjustment as a field of study and research
- To make the students aware of the practical applications of the various concepts in Psychology of Adjustment in the Indian context

#### **Learning Outcomes:**

- Describe the applications of psychology for a well adjusted lifestyle
- Discuss Psychology of Adjustment
- Enlist practical applications of the various concepts in Psychology of Adjustment in the Indian context

## Semester IV

<b>Course Code:</b> <b>APSY401</b>	<b>Course Title: Social psychology II</b>
---------------------------------------	---

### Learning Objectives:

- To familiarize students with individual behavior that have a social origin namely prejudice, aggression ,social influence and behavior in a group
- To give students an understanding of the theoretical explanations for the same
- To enable students to think about how aggression prejudice social influence and prosocial behavior can be managed

### Learning Outcomes:

- Describe with individual behavior that have a social origin namely prejudice, aggression ,social influence and behavior in a group
- Discuss theoretical explanations for prejudice, aggression ,social influence and behavior in a group
- Illustrate how aggression prejudice social influence and prosocial behavior can be managed

## Semester IV

<b>Course Code:</b> <b>APSY402</b>	<b>Course Title: Developmental psychology: Middle childhood through adulthood</b>
---------------------------------------	---

### Learning Objectives:

- To understand Physical, Cognitive, Social and Personality development in Middle Childhood (6 years to 12 years) and Adolescence (12 years-19 years)
- To learn about Physical, Cognitive, Social and Personality changes occurring in Early Adulthood (20 years-40 years) and gain understanding about human development from Adolescence stage till Early Adulthood

- To enhance understanding about metamorphosis in Human Beings from a peak in Adolescence to a gradual slowdown till Early Adulthood

**Learning Outcomes:**

- Describe Physical, Cognitive, Social and Personality development in Middle Childhood (6 years to 12 years) and Adolescence (12 years-19 years)
- Interpret Physical, Cognitive, Social and Personality changes occurring in Early Adulthood (20 years-40 years)
- Explain metamorphosis in Human Beings

**Semester IV**

<p><b>Course Code: APSY401AC</b></p>	<p><b>Course Title: Psychology of Adjustment: Part II</b></p>
--	---

**Learning Objectives:**

- To give students an orientation to problems of adjustment.
- To make them understand coping strategies for their adjustment problems
- To train them with different overcoming problems
- 

**LEARNING OUTCOME:**

- Explain problems of adjustment.
- Describe coping strategies for their adjustment problems
- Use knowledge to solve problems

**Semester V**

<b>Course Code: APSY501</b>	<b>Course Title: Psychological Testing Assessment And Statistics</b>
---------------------------------	--

**Learning Objectives:**

- To impart knowledge and understanding of the nature, uses, technical features, and the process of construction of psychological tests and create awareness about measurement of intelligence and assessment of personality
- To impart knowledge and understanding of the concepts in Statistics and the various measures of Descriptive Statistics - their characteristics, uses, applications and methods of calculation
- To create a foundation for advanced learning of Psychological Testing, Assessment, and Statistics

**Learning Outcomes:**

- Describe psychological tests,
- Discuss assessment and basic statistical techniques
- Summarize applications and methods of calculation using descriptive statistics

**Semester V**

<b>Course Code: APSY502</b>	<b>Course Title: Clinical Perspective on Psychological Disorders</b>
---------------------------------	--

**Learning Objectives:**

- To understand the full spectrum of human behavior and appreciate the merging boundaries between 'normal' behaviour and 'abnormal' behaviour
- To capture the fundamental essence of Psychological Disorders and understand the interplay of Biological, Psychological and Socio-cultural Factors in Psychological Disorders
- To make knowledge practically applicable for improving mental health



**Learning outcomes:**

- Trace the course of Psychological Disorders by adapting a ‘Scientific Theory to Practical Application’ approach, based on DSM V Categorization
- Describe fundamental essence of Psychological Disorders
- Illustrate how to practically improve mental health

**Semester V**

<b>Course Code: APSY503</b>	<b>Course Title: Industrial Psychology</b>
-----------------------------	--

**Learning Objectives:**

- To make the learner aware of various functions of industrial psychology
- To create awareness about the role of Psychological factors & processes at work
- To create a foundation for higher education and a professional career in Human Resources and explore the application of industrial psychology in a field setting

**Learning Outcomes:**

- Describe and evaluate the methods that deal with human resources at the workplace.
- Discuss various functions of industrial psychology.
- Explain the application of industrial psychology in a field setting

**Semester V**

<b>Course Code: APSY504</b>	<b>Course Title: Cognitive Psychology</b>
-----------------------------	---

**Learning Objectives:**

- To understand how the human cognition works and gain insight about the processes of Attention and Perception
- To learn about the use of Visual Imagery and Spatial Cognition and Understand the biological aspects of cognition
- To appreciate the complexities of Working Memory

**Learning Outcomes:**

- Describe the Brain structure and Function
- Discuss the processes involved in perceiving, attending ,organizing and storing information
- Summarize the complexities of Working Memory

**Semester V**

<p><b>Course Code:</b> <b>APSY505</b></p>	<p><b>Course Title: Practicals in Cognitive Processes and Psychological Testing</b></p>
---	---

**Learning Objectives:**

- To introduce the students to Experimentation through exposure to and experience of experimental designs, methodology and conduct of experiments, statistical analysis, interpretation and discussion of data.
- To introduce the students to Psychological Testing: administration, scoring and interpretation of test scores as well as a procedural understanding of concepts related to psychological testing
- To familiarize the students with computer-based experiments (Coglab) and sensitize them to aspects of control, precision of exposure and measurement and stimulate interest in the process of scientific inquiry with an analytical attitude and To create a foundation for advanced Experimentation and Research in Psychology and applications of advanced Statistical techniques

**Learning Outcomes:**

- Develop experimental designs, methodology and conduct of experiments,
- Describe statistical analysis, interpretation and discussion of data

- Summarize advanced Experimentation and Research in Psychology

**Semester V**

<b>Course Code:</b> <b>APSY506</b>	<b>Course Title: Counselling: The Profession and the Skills</b>
---------------------------------------	---

**Learning Objectives:**

- To make the learner aware of basic skills in counselling and understand counselling as a profession
- To create a foundation for higher education and a professional career in counselling
- To explore the application of counselling in a field setting

**Learning Outcomes:**

- Describe counseling as a profession with a set of basic skills.
- Illustrate a professional career in counselling.
- Summarize the application of counselling in a field setting

## Semester VI

<b>Course Code: APSY601</b>	<b>Course Title: Psychological testing and statistics II</b>
---------------------------------	--

### **Learning Objectives:**

1. to train them with Test conceptualization and Test construction
2. To help them to Test tryout and Item analysis c) Test revision
3. To make them understand Meaning and types of correlation – positive, negative and zero; Graphic representations of correlation – Scatterplots

### **Learning Outcome:**

1. Test conceptualization and Test construction
2. design Test tryout and Item analysis c) Test revision
3. Summarize Meaning and types of correlation – positive, negative and zero; Graphic representations of correlation – Scatterplots

## Semester VI

<b>Course Code: APSY602</b>	<b>Course Title: Clinical Perspectives on psychological disorders II</b>
---------------------------------	--

### Learning Objectives:

- To understand the full spectrum of human behaviour and appreciate the merging boundaries between ‘normal’ behaviour and ‘abnormal’ behaviour
- To capture the fundamental essence of Psychological Disorders and Understand the interplay of Biological, Psychological and Sociocultural Factors in Psychological Disorders
- To Make knowledge practically applicable for improving mental health

### Learning OUTCOMES:

- Summarize the full spectrum of human behaviour.

- Describe interplay of Biological, Psychological and Sociocultural Factors in Psychological Disorders
- Illustrate methods practically applicable for improving mental health.

### Semester VI

<b>Course Code: APSY603</b>	<b>Course Title: Organizational Psychology</b>
-----------------------------	--

**Learning Objectives:**

- To orient students to psychology of the individual in a work place and make students aware of current issues in a work setting that have a psychological basis
- To familiarise students with some robust theoretical perspectives in organisational behaviour
- To give students an opportunity to conduct research in OB

**Learning OUTCOMES:**

- Discuss the current issues in a work setting that have a psychological basis
- Describe some robust theoretical perspectives in organisational behaviour
- Design research in OB

### Semester VI

<b>Course Code: APSY604</b>	<b>Course Title: Memory and problem solving</b>
---------------------------------	---

**Learning objectives:**

- To understand the characteristics of Long Term Memory and gain insight about the storage and organization in Long Term Memory
- To learn about Visual Imagery and Spatial Cognition as storage codes In Long Term Memory and Appreciate the efficiency and effectiveness of Long Term Memory

- To explore common problems and their solutions and blocks to problem solving and explore AI and creativity

**Learning outcomes:**

- Describe the characteristics of Long Term Memory.
- Summarize the efficiency and effectiveness of Long Term Memory.
- Interpret common problems and their solutions and blocks to problem solving

**Semester VI**

<b>Course Code: APSY605</b>	<b>Course Title: Practicals in cognitive processes and mental testing</b>
---------------------------------	---

**Learning Objectives**

- To introduce the students to Experimentation through exposure to and experience of experimental designs, methodology and conduct of experiments, statistical analysis, interpretation and discussion of data.
- To introduce the students to Psychological Testing: administration, scoring and interpretation of test scores as well as a procedural understanding of concepts related to psychological testing
- To familiarize the students with computer-based experiments (Coglab) and sensitize them to aspects of control, precision of exposure and measurement and stimulate interest in the process of scientific inquiry with an analytical attitude and to create a foundation for advanced Experimentation and Research in Psychology and applications of advanced Statistical techniques

**Learning OUTCOMES:**

- Discuss and interpret the given data using statistical analysis.
- Describe Psychological Testing: administration, scoring and interpretation of test scores.
- Develop computer-based experiments (Coglab)

**Semester VI**

<b>Course Code: APSY606</b>	<b>Course Title: Counselling: theoretical approaches</b>
---------------------------------	--

**Learning objectives:**

- To give an understanding of early theoretical approaches to counseling and give an understanding of newer theoretical approaches to counseling
- To make students aware of group counseling in the Indian context
- To orient students to career counseling

**Learning Outcomes:**

- Describe early theoretical approaches to counseling
- Discuss newer theoretical approaches to counseling.
- Summarize group counseling in the Indian context.