



### Main Symptoms of Coronavirus

The Symptoms include:

- a) sneezing
- b)runny nose
- c) fatigue
- d) cough
- e) fever in rare cases
- f) sore throat
- g) exacerbated asthma

### SUGGESTIVE PREVENTIVE MEASURES for #COVID 19:

- 1.Washing hands for atleast 15 seconds.
- 2.Avoid touching your face,eyes,nose,mouth or earswhen hands are dirty.
- 3.Do not travel or go out when feeling sickor having cold or flu symptoms.
- 4.Stay at least one feet away when anyone is coughing or sneezing.
- 5.Cover your mouth while sneezing and immediately dispose of tissues after using them.
- 6.Frequently clean your most used objects like phones,utensils,doorknobs etc.

### JAIHIND COLLEGE INITIATIVES FOR PREVENTION OF CORONA VIRUS

- 1.Availability of Masks
- 2.Provision of Handsanitizers
- 3.Adequate Availability of Liquid Soap Dispensers in washrooms
- 4.Spreading Awareness about helpline details of Covid 19  
Central helplinenumber +91-11-23978043  
Maharshtra helpline number :020-26127394  
Email:ncov2019@gmail.com
- 5.Prominent Display of Coronavirus Testing facilities at college premises

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