



JAI HIND COLLEGE ALUMNI MAGAZINE - NOVEMBER 2023

FROM EDITOR'S DESK

Dear Alumnus,

Greetings from Jai Hind College, for the upcoming festive season.

I am extremely proud to share with you that with this issue, your very own Newsletter "**Circle of Friendship**" has completed six years of its journey.

Through "**Circle of Friendship**" which features our very illustrious Alumni & their success stories, we stay connected & continuously strive to bring to you the best in every issue.

Please go through the Newsletter & share the same with all your friends, contacts & other Alumni whom you are in touch with.

Do send in your valuable feedback.

Take care.

Jyoti Thakur

Executive Coordinator

Managing Board

Secretary Alumni Association

EDITORIAL TEAM

Jyoti Thakur, Hetal Kotak, Sonam Issai, Shruti Palwankar (3R Advertising)



JAI HIND COLLEGE ALUMNI MAGAZINE



GREETINGS, FROM JAI HIND COLLEGE'S ALUMNI ASSOCIATION

We hope you enjoy reading this newsletter, & look forward to sharing some more of our achievements & stories with you in the next issue.

For more information, visit our website: www.jaihindalumni.com

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APPEAL TO THE ALUMNI

Dear Alumnus,
Greetings from the Alumni Association
We request you to share interesting stories, articles, happenings, achievements, awards & news related to Alumni of Jai Hind College that can be published & circulated
An earnest request to help us in this endeavor.

Secretary
Jyoti N. Thakur
Alumni Association – Jai Hind College

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Note : For further information please visit our alumni website

www.jaihindalumni.com; facebook, twitter & instagram

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COVER STORY 1 - SARVINDER-DOLLY HARISH

This is the story of Sarvinder Kochar, now Sarvinder (Dolly) Harish, Professor of English in Jai Hind College, from 1983 to 1995, a proud Jai Hind College alumnus, who taught English to Junior College students from October 1983 to June 1995.

Before starting to teach at Jai Hind College, I taught at Guru Nanak High School, Khar, Mumbai, that was located in a humble setting, near a large slum in Khar East, thus catering to the poorer strata of society. Most parents of these students were blue collar workers, which meant not highly educated and which also meant not having much command over English language. I taught English to High School students and Science to the Middle schoolers for over 10 years at this school. Teaching English and other subjects in English medium in this school was quite a challenge and needed lot of innovative methods to help them learn a language they

were not much familiar with.

At that time, I was just twenty-three years old and already

a mother of two

babies, a 3-year-old daughter and 8 months old son, having passed my B.A. and B.Ed. from Punjab University. I got

married at 18 while still a student, and moved to Mumbai (Bombay then) after finishing B.Ed. Married life was a

challenge in several ways, with two children born immediately after marriage, a small-town girl from Punjab now living in a large city with none of my own family within reach. There were hardly any phones back then and no one had yet heard of the Internet. So, the only connection with the family I was born in and grew up with was an occasional letter from my mother and younger siblings, my father having passed away soon after I came to live in Bombay. On top of that the finances of my husband suddenly dipped due to some unfortunate circumstances, but I bravely



Her son Rahul with wife Karin.



Daughter Sherry and husband Harminder Singh.



Son Harpal Kochar with wife Geetika and Daughters Shreya and Diya.

managed all the challenges and started a teaching job to ease the financial pressure at home. That meant leaving my little babies under the care of nannies, that were total strangers to us. Just trusted the humanity and left my precious children with them for several hours every day. In spite of all that, kids have grown up to be beautiful and intelligent human beings, both in their fifties now having their own children.

My dream always was to obtain a Master's degree and teach in a college. So, after teaching for about 7-8 years in this high school, I enrolled in M.A. in English at Bombay University as a full-time student and attended the classes in the afternoon to late in the evening, traveling from Khar to Churchgate every day and back to Juhu in the evening. Fortunately, the school teaching hours were early morning to noon so it worked out well but life became very hard for me, managing the house, two little children, who were just 9 and 12 years old at that time. But the desire to earn a Master's degree to be able to teach in a college kept me going. I would come home extremely tired but had to do the required chores. My children would hover around me, craving for my affection and attention so I kept them close to me in the kitchen. We chit chatted about what all we did during the day, while I cooked dinner. I would narrate to them the stories of the literature I was studying as part of my Masters program. In the process, my little children learned who Shakespeare was and what Greek literature was all about. In a way, both the kids did M.A. in English along with me.

Immediately after I passed M.A. with good grades (I was at 4th position out of a class of 40 students in the final grades), I saw a news paper ad about a vacancy for an English teacher at Jai Hind college. I immediately applied for it, and was called for an interview. Several board members, along with Principal Khoobchandani and Mrs. Balaporia, head of the English Department, interviewed me and selected me for the position. That was probably the happiest day of my life after the birth of both of my lovely children.

Teaching at Jai Hind college was a dream come true and a breath of fresh air for me. The liberal environment as opposed to a rigid one of a school, helped me grow into a happier, healthier, and more productive individual. The lively and bubbly students of Jai Hind were a treat to teach. They found me easy to learn from and communicated well with me, although they often told me later on that they initially thought I was a strict and no-nonsense kind of teacher so they used to be tense in my class but they became relaxed soon after they got to know me better. That was very gratifying for me.

I taught English language and literature to Science, Commerce and Arts students. I enjoyed each and every teaching session and I believe students enjoyed listening to me and learning from me.

Teaching at Jai Hind came with lot of perks apart from a higher salary such as the students already well groomed, great staff, the fun environment with all those events planned by enthusiastic teachers such as the Hindi Parishad and many more. The colleagues in the staff room were very friendly and I formed lasting friendships during our free time that are going strong even now since the past 40 years as we get together every time I am in India, which is at least once a year.

While I was teaching at Jai Hind, my daughter finished her high school and it was time for her to enroll in a college. We lived in Juhu and it would be quite a commute for her to come to Churchgate to attend her college but she wanted to study in Jai Hind College knowing what a lovely and high caliber college it was and continues to be. My daughter enrolled in the Commerce section of the junior college and went on to complete her B. Com as well here. After my younger child, my son completed his high school he too wanted to study in Jai hind and got admission in science section of the Junior college. After that he went to MGM College of Engineering and earned a Bachelor's degree in Computer Science. My daughter's son Rahul followed the same route as his mother and uncle, and studied in Jai Hind College in the Science stream and got admission into the dental college in Manipal after completing Junior College at Jai Hind.

So, I am the proud ex-teacher and alumnus of Jai Hind college where my three generations were connected, myself as a teacher, and both my children and my grandson as students. All three of them studied at this wonderful college and are extremely successful adults in their respective fields.

While I was teaching at Jai Hind, my marriage that had been unstable right from the start, ended in a divorce. My daughter got married and my son Harpal aspired to work in USA. He applied for some jobs and got accepted at Hewlett Packard in the Silicon Valley in California as a software engineer. He is currently working at a well-known and prestigious company called Sales Force as an Enterprise Architect and runs a successful business as a College Admissions Counselor along with his job, wherein he helps students, mostly the high school students of immigrant parents, and guides them on their choice of colleges/universities and helps them prepare the required documents. My daughter Sherry has been working in Mumbai as the Quality Head and Trainer at Tech Mahindra for the past 13 years. Her son Rahul met a lovely fellow dentist, a Slovakian lady at a conference in Indonesia, and is now married to her. Both of them are working in UK as dentists.

After my son moved to California, he found a company that was looking for a technical writer and asked me to apply for it. I did and was offered the position based on my M.A. and M.Phil degrees in English and the teaching experience. So, soon after being accepted by that company, I moved to California on H1 (work permit) visa in 1996, and am here since then.



After about two years of moving here, in 1998, I met a wonderful gentleman Surinder Harish, who was then working as a Director of Marketing at Hewlett Packard in the Silicon Valley. He originally hails from Punjab, India, like me and was a long-time divorcee with two adult sons, almost in a similar situation as mine, so we clicked instantly and got married in 1999 after dating for about a year. We've been married now for 24 years and still going healthy and strong.

After a few years, the learning bug bit both of us and we both did Masters in



My happy family now

Counseling Psychology together from 2003 to 2005 from University of San Francisco. Surinder took voluntary retirement from his HP job and started working as a Marriage and Family Therapist (Counselor). He is running his own successful practice in this field since then. I continued to work as a technical writer in high tech and pharmaceutical companies for 17 years in the San Francisco area.

The learning bug bit me again in 2016 and I enrolled in a paralegal program at Cal State East Bay University. I am now running my own successful business as a paralegal and Legal

Document Assistant wherein I help clients create their legal documents and file them in the local court, be it a Will, a Living Trust, or Divorce, I have become adept at creating those documents.

This has been my journey filled with ups and downs, hardships and achievements, and looking back, I have no regrets about any decision(s) that I took to change the course of my life, irrespective of what age or stage I was at.

Thank you for reading my story!



COVER STORY 2 - SHRIYANS BHANDARI

Story of Alumnus, Social Entrepreneur & Environment Activist **"Shriyans Bhandari "** put together by - Hetal Kotak
Two Indian Athletes Turn Their Worn Out Sneakers Into A Profitable and Eco-Friendly Startup

Shriyans Bhandari and Ramesh Dhami, two Mumbai-based athletes, founded Greensole in 2015 with the aim of addressing the environmental pollution caused by discarded sneakers and providing footwear to underprivileged children.

The idea was born out of the realization that the sneakers they used during their training were not easily degradable and were contributing to environmental pollution.

Greensole's mission is to bridge the social, economic and environmental gap in the country by reusing and recycling discarded footwear. They collect sneakers through various means, such as organising collection drives in urban areas, partnering with corporates for their Corporate Social Responsibility (CSR) initiatives and collaborating with schools to collect throw – away shoes.



Once the discarded footwear is collected, it is taken to the warehouse in Mumbai, where it undergoes a process of cleaning, cutting and upcycling. The old sneakers are transformed into sturdy footwear that can be donated to underprivileged children, providing them with protection from infections and diseases that can be contracted from contaminated soil.

In addition to the positive impact on underprivileged children, Greensole also highlights the environmental benefits of their initiative.

According to their official website, manufacturing a pair of shoes typically involves assembling up to 65 discrete parts in 360 steps, which generates 30 lbs of carbon emissions. By upcycling used sneakers, Greensole claims to have saved 3,60,000 lbs of carbon dioxide emissions in the past few years.

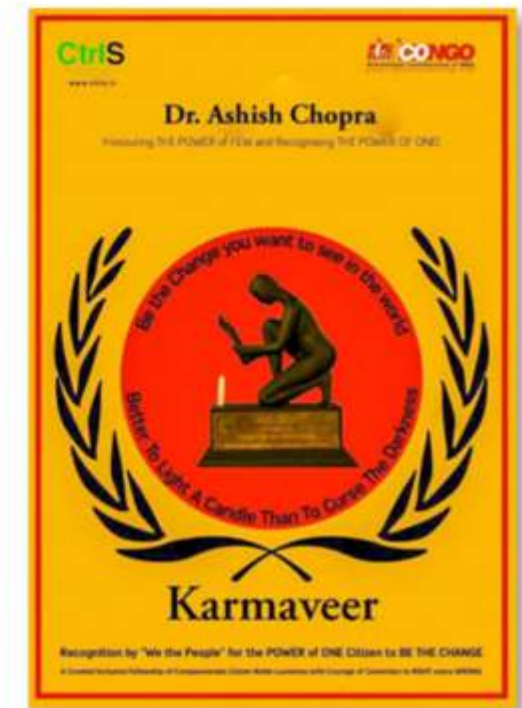
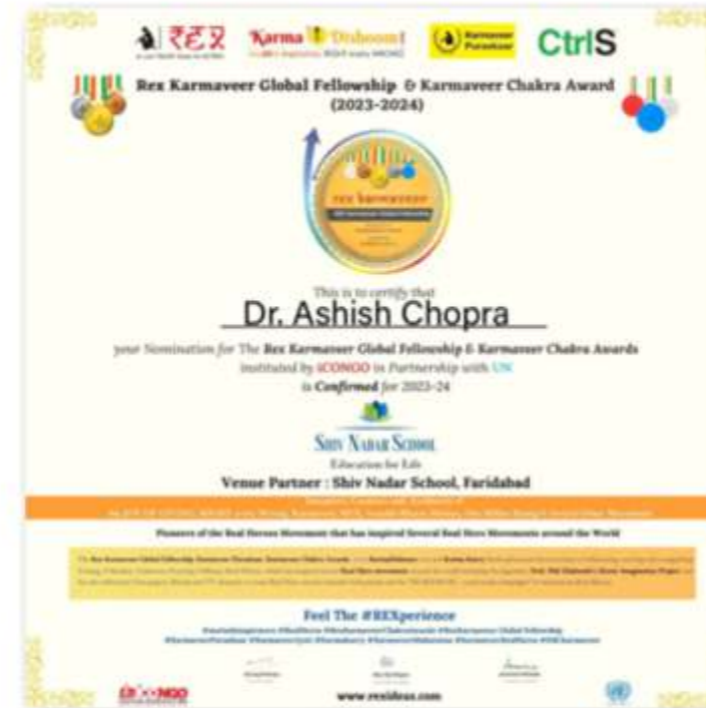
Looking ahead, Greensole has ambitious plans for the future. They intend to establish 30 skill centres in the next five years, providing employment opportunities for disabled individuals. Simultaneously, they plan to expand their retail presence, likely to increase their impact and outreach.

Overall, Greensole's journey from two Indian athletes looking to reduce environmental pollution to a profitable and eco-friendly startup exemplifies the potential for entrepreneurship to drive positive change and address critical social and environmental issues.



AWARDS - DR ASHISH CHOPRA

Dr Ashish Chopra continues to Excel.....



ADVERTISEMENTS - WE ARE LOOKING FOR

PRO PANJA LEAGUE IS LOOKING FOR.....

We, at Pro Panja League/Swen Entertainment, are looking for a full-time Sports and Events Executive on an immediate basis. Please find below the Job Description:

- Coordinate with the company for different elements and aspects of the league
- Coordinate with the Pro Panja Team as well as the Agency on-board [before and during]
- Coordinate with the players and helping them throughout the event
- Stay in touch with the production team for different aspects of the event
- Have the Season Overview and the knowledge of the whole event
- Preferable to have knowledge of Powerpoint and Canva and basic computer skills
- Social Media skills also preferable

Working Days and Timings: Monday to Saturday, 10:00 am to 6:00 pm

Office Location: Khar, Mumbai

If the candidate is a fresher, the internship may turn into a full-time job if the company and the candidate agree on working terms post the 3 month training period.

The compensation for the same can be discussed with the HR post interview and selection.

Interested candidates, please email your resume to careers@swenentt.com and provide Jai Hind as reference.



COLUMN BY LIFE COACH DR FARHANA VOHRA



Global Life Series
Real People Real Stories
Season 2
talking about Life, Love, Success & the new role as a Wife and Mother

Lisa Hayden @farhana_vohra *Farhana Vohra*

Thur | 19 May | 2022
4.30 PM IST
3.00 PM UAE
7.00 PM HKT

Website - www.miraki.in

LinkedIn - <https://www.linkedin.com/in/farhanavohra/>

Instagram - https://www.instagram.com/farhana_vohra/

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Five ways to develop emotional intelligence

1. Expose yourself to a range of perspectives

The more diverse opinions you encounter, the more comfortable you will be with the fact that everyone is different, with perspectives shaped by their own unique experiences. This opens your mind to worlds beyond your own.

2. Try new things and escape your comfort zone

You overcome resistance to change by experimenting with new activities. The more at ease you can be as a beginner, the better! Practice following your curiosity rather than your fear, and you'll develop the resilience you need to manage your nerves.

3. Reflect on your emotional responses to understand them better

When you feel a strong emotion, such as shame, anger, joy, or pride, reflect on what provoked that reaction. Try to notice the connections between your thoughts, experiences, and feelings.

4. Listen actively and notice body language

Empathy doesn't always come naturally, but you can train yourself to tune in to other people's emotional states. In conversation, make sure you listen to everything being said and how it's being said, not simply waiting for your chance to speak.

5. Integrate compliments and criticism

Arrogant people only absorb external opinions if they're flattering. On the other hand, insecure people obsess

over negative assessments, blowing them way out of proportion. Try to weigh both equally for a more realistic self-image since we all have strengths and weaknesses.

Written by: Dr.(hon)Farhana Vohra

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"A Change of thought is a change of life"

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NEWSFEED



Dr HRISHIKESH PAI

The Indian Postal Service has issued a Rupees Five Stamp in the name of our Alumnus Dr Hrishikesh Pai. It is an honour and privilege for Dr Pai, as President of Federation of Obstetrics and Gynecological societies of India FOGSI, to join a select group of people in our country, who have a stamp issued in their name. He thanks his colleagues from FOGSI especially

Dr Sampath Kumari Vice President FOGSI south zone Chennai, Dr Jyoti Sundaram President Madurai society, Dr Kalpana secretary Madurai society for making this happen.

Dr Hrishikesh Pai currently President of the Federation of Obstetrics and Gynecological societies of India popularly called FOGSI with 41000 member gynecologists was elected as FIGO Trustee for Asia Oceania region in a formal ceremony held in Paris. As trustee he will be in charge of Asia for the world body of gynecologists called FIGO (International Federation of Obstetrics and Gynecology) which was established in 1954 and has presently 135 nations as its members.

Dr Pai Jai Hind is truly proud of your achievements.....

ENIGMA REPORT

The Social and Dramatic Union at Enigma



With a vision to conquer them all, the Social and Dramatic Union of Jai Hind College waltzed into Podar's cultural festival Enigma. Under the watchful eye of our CL Keshika Shah along with ACLs Suryanshu Bhambhani and Sukriti Mukherjee, the SDU's energetic and unending enthusiasm got us the PR trophy home! Leaving an impression wherever they participated, Jai Hindites were able to bag the Drama trophy. The Cricket team won first place along with the best player trophy, showing their prowess in the sports field, But the field didn't stop



our players from winning the sports and gaming trophy! Jaihindites, with their active and power packed participation brought home the coveted 1st runner up trophy, cementing their legacy for all to see.



GAURAV SHARMA

GAURAV SHARMA DONS THE HAT OF PRINCIPAL ON AN OTT SHOW.....

Life does a 360 °.....

Gaurav Sharma shooting for an OTT show recently where he plays the role of the Dean / Principal of Jai Hind College.!!!!



JAI HIND COLLEGE ALUMNI MAGAZINE - NOVEMBER 2023

OBITUARIES

Mr ASHWIN DANI

SAD DEMISE



SHRI ASHWIN SURYAKANT DANI

(24.10.1942 – 28.09.2023)

With profound grief and sorrow, we inform you that Shri Ashwin Dani, the architect of Asian Paints' technological excellence and one of the key forces behind Asian Paints' progression, left for the heavenly abode on 28th September 2023 after a brief illness.

Son of the visionary founder Late Shri Suryakant Dani, Shri Ashwin Dani, a polymer chemist by education was associated with the Company since 1968 and has been a strong influencer in heralding technological brilliance at Asian Paints. He joined the Company's Board at a young age of 28 in 1970. He held the position of Vice Chairman and Managing Director of the Company from 1998 to 2009. Since 2009, he continued as the Non-Executive Director & Vice Chairman of the Board. For the period between 2018 to 2021, he held the position of Chairman of the Board.

Shri Ashwin Dani was a technocrat and in charge of the research and development initiatives of the decorative business of the Company. A prolific orator, he was extremely passionate about Asian Paints and was the face of Asian Paints for many years for the external world and successfully forged strong relationships with stakeholders.

His sad demise is an irreparable loss to the Company. The Board of Directors, employees and all Asian Paints' associates express deep condolences and pay tribute to this luminary who was clearly the doyen of the Coatings Industry in India.

He will be fondly remembered for his relentless pursuit of technology, astute thinking, and being a dynamic leader, who transformed the organization bringing joy to people's lives!



JAI HIND COLLEGE ALUMNI MAGAZINE - NOVEMBER 2023

EVENTS - GENACES 2023

Report : Department of Biotechnology Annual Festival - Genaces 2023

Department of Biotechnology organised annual festival Genaces 2023 –on 08-9-23 and 09-09-23 Under IIC. Biotechnology students of Second year planned and volunteered in the organization of the festival with the help of First year Biotechnology students and few T. Y. BSc Biotechnology students. The festival is celebrated with the



objective of fostering scientific temperament, business acumen, Innovation, Entrepreneurial mind set and develop managerial skills amongst students pursuing undergraduate/ postgraduate and Ph. D programs from Jai Hind College and other instates.

Dr. Girish Walawalkar was invited as Chief Guest at Genaces 2023. Dr. Walawalkar has a vast experience as an industry expert and an Entrepreneur. He has served key positions at leading companies like Wokhardt. Dr. Walawalkar is able to develop framework of Business Concepts, Company, and Industrial fraternity, Academia, Government Organizations and Investors for success of business. He has authored books and columns on Technology and Management. He writes a weekly column about **Entrepreneurship in reputed Daily News Paper & Weekly Magazine of**

Indian Express Group. He also **has many patents** to his credit.

Ms. Jagruti Bhatia was invited as a Special Guest. She is a Partner with Aarka Consultants. She is a health care professional who is also an advisor for Environmental sustainability issues. Ms. Bhatia has been on the Advisory Committee with the Ministry of Environment & Forests, Maharashtra State; a certified Lead Assessor with NABH and a trained JCI professional. She has been featured several times amongst the **Top 10 Women Healthcare Leaders and is also a recipient of the BCPT – CAP Dorabji Tata Award for Excellence in Documentation and Knowledge sharing.** She also serves on the Board of Trustees for the NGO FEC – Foundation for Environment Conservation.



Summary of sessions and events organised under Genaces 2023.

Day 1

1. Inauguration:

The festival commenced with lighting of samay by Principle Dr. Vijay Dabholkar, invited guests, Chief Accountant Mr Sanjay Pereira, faculty and students along with Sarasvati Vandana by Dr. Monalisa and students. Dr. Dabholkar delivered welcome address and Dr. Kruti Pandya introduced the Department and Festival motto.

2. Industry Expert session by Dr. Girish Walawalkar :

Dr. Girish Walawalkar shared his perspective on how to frame shift from job to proprietorship. How to change the mind-set from job seeker to job provider. He surely captivated the audience through his stories and case study discussions.

3. Speaker Session 2: Ms. Jagruti Bhatia :

Ms. Jagruti Bhatia inspired and mesmerised students by sharing interesting aspects related to her journey as a Director and Senior Advisor Healthcare Consulting Practice,



KPMG India. She discussed career opportunities as a Health care consultation, Hospital management and Administration, consultant -Environment sustainability and Gender Equality and many more.

4. Convince me if you can : Marketing event:

This Marketing event was based on the theme of Pitch it to sell it- It unveiled an exciting experience that offered a challenge for demonstration of marketing skills with some twists and turns! This event offered a platform to hone one's innovation and presentation skills while they pitched for different products in front of judges.



5. The Elementals : Talent Hunt:

The game was based on the theme "The Elementals" - "The 5 elements of the Earth". Event included rapid-fire rounds and a talent showcase. Students thoroughly enjoyed this competitive event while they put their best foot forward to move to finale round on day two.

6. Decode- Unleash the Detective in you: Forensic Event:

In this captivating suspense event, students Immersed themselves as a skilled investigator, unveiled mysteries, analysed evidences including forensic information and

deciphered motives in a race against time to prove their mettle as the ultimate sleuth! This event was one of the most sought after and organisers, participants as well as spectators thoroughly enjoyed.

Day 2

1. Genues : Science based Quiz

This two round based quiz is Jai hind's own KBC. Participants were screened through rigorous questions in the form of pen and paper round, Rapid fire, Audio Visual and bidding rounds.

2. Anniverse : Anime based Game:

In this Anime based Game, the followers embarked on a journey into the anime multiverse, traversing through dimensions to gather components to defend the portal separating the two worlds. Participants were careful, for the destiny of anime rested in their hands!

3. Elementals - Final round

Elemental finale round offered a chance to participants to become a beacon of light as the Ambassador of Change! This event promoted Environmental sustainability.

4. Bio Toys : Eco friendly toys for underprivileged:

"Not all of us can do great things, but we can do small things with great love." - Mother Teresa. Keeping these words in mind, team Genaces 2023 planned to bring smiles to young faces and distribute eco-friendly homemade toys to children of underprivileged sections.



Around 100 students from Jai Hind and other Mumbai colleges participated in two days festival and multiple events. Participants also enjoyed on spot games viz insta photo booth, Cary catcher / face tattoo.... events and food stalls in foyer.

For the Organizing team of 75 + students, festival Genaces lighted the spirit of team work, bonding and a platform to showcase their abilities like organizational skills, marketing skills and leadership qualities. Students managed the grand show amid exams and deadlines for assignments; thus also learned working under pressure and multitasking. Festival ended on high note. Students of **St. Xavier's College won the overall Trophy.**

ARTHANOMICS 2023

The 10th edition of Arthanomics, an economics and business festival organised by Economics department of Jai Hind College, took place on the 11th and 12th of August 2023.

The festival was headed by Ms. Sarita Jaishankar as the Faculty-in-charge, Sarthak Giri Goswami as the Chairperson,



JAI HIND COLLEGE, AUTONOMOUS
Basantsing Institute of Science
J.T Lalvani College of Commerce

ARTHANOMICS 2023
BEYOND THE BOTTOM LINE



and Angel Mahajan as the Vice Chairperson. The fest commenced with an opening ceremony where the Principal cut the ribbon, marking the big name of the fest. The event witnessed an impressive participation of over 350 individuals and a footfall of 5000+, making it a grand success. The Public Relations Department headed by Shivangi Nanwani



worked endlessly and managed to secure participants from 14+ colleges across Mumbai like NMIMS, L.S.Raheja, Atlas, HR, KC and more. With the efforts of the Sponsorship Department led by Kirti Sewani, the festival boasted renowned sponsors including Fazlani Foods Sausome, Belgian Waffles, and Plum Beauty. Each sponsor had something unique to offer to the table, be it their interestingly-

curated stall or beautifully-designed gift hampers.

With as many as 10 unique events put together by the Event Department headed by Prisha Shah, participants were able to enrol for whichever event suited their skillset. The diverse range of events, in fact, catered to various

interests, featuring engaging activities like "War at Wall Street," a stock market simulation, and "Fantasy Football," a sports auction event.

जय हिंद कॉलेज में इकोनॉमिक्स फेस्टिवल 'आर्थेनॉमिक्स'



The other events in the fest included War at Wall Street, a stock market simulation, Win the Veto, a debate competition, The Case Conquest, a case-study based event, Eco Unearthed, a city planning event, The Investor's Arena, an entrepreneurship-centric event, The Big Scoop, a journalism event, House of Cards, a policy making event, Marketing Mania, a marketing event, Identity Crisis, a debate competition, and Last One Standing, a game show. The judges for each event came from well-reputed backgrounds and excelled in their respective niches. They were, therefore, able to provide valuable insight to every participant's performance. The decorations and creative set-up of the fest was breathtaking given the efforts of the MAC Department led by Nandini Johri and Sanaea Katpitia. The fest was a curation of



EVENTS - TEACHER'S DAY CELEBRATION



professional management, on-time events, and smooth coordination among the organising committee and the participants with credits to the Logistics Department led by Puneet Kaur.

The festival received a significant amount of media attention, especially in print newspapers which was quite an achievement as we celebrate a decade of knowledge sharing and



networking within the economics and business community.



Teachers's Day Report

On 5th September 2023, the Social and Dramatic Union organised a celebration on the occasion of Teachers' Day in the college auditorium.



With a Retro Theme that manifested itself in the faculty's unique outfits, the day was kickstarted by addresses delivered by our Principal Dr. Vijay Dabholkar and Academic Advisor Dr. Ashok Wadia, respectively.

The events of the day consisted of an array of performances by our esteemed faculty. This included, in part, a wonderful rendition of a Rabindra Sangeet by Mr. Sai Prasad Shetty and Ms. Priyanka Nalawade, an impactful monologue delivered by Mr. Sanjay



Pereira and numerous dancing and singing performances, some of which were joined in by the students. However the showstopper, by far, was a play created and enacted by teachers from the Life Sciences Department on the hilarity and nostalgia of daily student life.

The event ended on a high note with the fashion show, with teachers

channelling their inner fashion models against the backdrop of evergreen melodies from the Golden Age of Bollywood.



It was truly insightful to find out the hidden talents possessed by so many of our teachers, and we would like to thank them for being so enthusiastic and supportive on a day which celebrates them.



EVENTS -JHC MUN 2023



JAI HIND COLLEGE MODEL UNITED NATIONS 2023

The Model United Nations conference at Jai Hind College, held on September 1st and 2nd, 2023, was a two-day event filled with enthusiasm and diplomatic discussions.

On the first day, participants started with the registration desk, receiving their lanyards and other essentials. The day kicked off with an impressive opening ceremony, featuring introductions to MUN, speeches by the Secretary-General and President, and the traditional lighting of the lamp. The Principal Dr Vijay Dabholkar addressed the gathering, followed by the felicitation of the executive Board members. The entertainment was not amiss, as a power-

packed dance performance added vibrancy to the event. After breakfast, committee sessions commenced, allowing delegates to dive into the world of diplomacy. Lunch provided a brief respite, but the discussions continued into the afternoon.



Day two began with breakfast and a return to committee sessions. PR activities in the Foyer injected a sense of fun and camaraderie into the proceedings. Following another lunch break, the final round of committee sessions took place. The closing ceremony was a



culmination of the event, with core members being

felicitated, speeches by the General Secretary of the Student Council and the Director of Operations of Urvari Foundation, and the distribution of committee awards. The President shared her



journey in organizing the event, and the Secretary-General officially closed the conference for 2023. The attendees enjoyed a retrospective of the best moments from the MUN, and the Principal delivered closing remarks, capping off a memorable two days of diplomacy and learning.



ALUMNI SPEAK



DR ROOMANI SRIVASTAVA

Dr. Roomani Srivastava, MDS, PhD Scholar at IIT Bombay & Associate Professor, Manav Rachna Dental College, Faridabad

Roomani, completed her H.S.C. in science stream in 2006 from Jai Hind College, and returned for B Sc in Life Science, a degree she did not complete (nevertheless she learnt a lot) as she went on to pursue Dentistry(BDS) at Sinhgad Dental College & Hospital, Pune, followed by MDS from Rajiv Gandhi University of Health Sciences where she secured 2nd rank across the state. Since then she has worked with a number of organizations such as national levels NGO, Indian Cancer Society, Government Dental Hospitals and Private Dental Schools in Mumbai and Delhi NCR. Along with a successful academic career in which she has a number of scientific paper publications and conference presentations to her credit, she decided to up skill further and is now pursuing her PhD in Digital Health at an institute of national eminence that is the Indian Institute of Technology, Bombay. Her ultimate goal is

to use her skills and knowledge to work towards improving healthcare access in India.

Dr Roomani Srivastava's extensive achievements & exemplary track record is noteworthy.

Manav Rachna Dental College

Reader: Jan 25, 2023 - Presently

Senior Lecturer.

- Teaching 'Research & Innovation Catalyst' subject to Undergraduates
- Conducted Rural Satellite Clinic Management Public Outreach Programs, Patient Education Programs and Surveys, along with mentoring students in their research work.
- Tobacco Cessation activities
- Organized National Conference on Tobacco Control and Innovation Summit 2023.

Additional responsibilities:

- Member of Research Committee
- Assistant Coordinator for NAAC Criteria 7.

ESIC Dental College and Hospital

Tutor

- Responsible for Clinical Teaching, Patient Management and Rural Satellite Clinic Management

Additional responsibilities:

- Actively participated in conducting Public Outreach Programs, Patient Education Programs, Tobacco Control initiatives and Cessation activities.
- Organized workshops on promoting research among Under-Graduates and Tobacco Cessation Cancer Screening Vertical, Indian Cancer Society
- Responsible for Cancer Screening Programme planning and execution, Tobacco Control and Awareness initiatives and writing Grant Proposals

Awards & Recognitions

- Assisted in acquiring institutional Grant of Rs. 3 Cr. from TATA TRUSTS for Indian Cancer Society for

Oral Cancer Screening Project across Maharashtra

- 2nd Rank in MDS examination (2016) at Rajiv Gandhi University of Health Sciences
- 1st Prize in paper presentation at IAPHD National Conference, Manipal.

Dr Roomani has several publications to her credit

Questions:

1) What is your fondest memory of the college?

My favourite memory of college would be practicing for upcoming events outside first floor Audi, and just jamming with friends. I had the opportunity of giving a couple of singing performances for the teacher's day celebration of 2006.

2) Your favourite hangout spot in college?

My favourite hang out spot would surely be the cafeteria, sitting on those steps and chilling with friends and hogging on the food, which I hear has gotten much better since we left. We would usually hunt for the couple of pieces of Manchurian in that noodle bowl.

3) Your favourite Professor?

I was a nerd, so I loved all professors, everyone was an inspiration to me, however the two I'd want to mention would be Jyoti Thakur Ma'm and Niloufer Kotwal ma'm. Its special to have these Teachers who have been there in my life even years after leaving college and still prove to be my guiding light. I was just there for a year in the BSc program but whatever I learnt from Kotwal ma'm about biochemistry and microbiology in that one year just stayed with me and helped me strengthen my basics in Dental School too.

4) Your message/advice to the current students?

Pay very good attention to what your teachers have to say, they always have the best advice and your best interest at heart. Having taken up the profession of teaching myself and now back to being a PhD student again, I have oscillated between the roles of a teacher and a student enough number of times to understand either's perspective. Things you learn in college stay with you for life, focus on up-skilling and take cues for it from your teachers always.



ZEENIA AVARI

Zeena Avari is an Assistant Professor in the Department of Life Sciences in.... well.. Jai Hind College! She completed her Bachelor's in Life Sciences from JHC in 2016 and Master's in Life Sciences, with a specialization in Neuroscience, in 2018 from Sophia College.

For a short period of time, Zeenia was a content writer where her job entailed making educational material accessible for people with disabilities. She was then selected as a Junior Research Fellow in the prestigious Tata Institute for Fundamental Research in a lab working in the area of Developmental Biology.

Apart from her teaching endeavor, Zeenia is currently pursuing her PhD in the field of Applied Biology wherein she is investigating the role of certain genetic variants in rare Inherited Neuromuscular Disorders.

Zeenia has been a part of JHC since her junior college days. She represented her college in several fests in the field of dramatics, was a

member in the Women's Development Cell, Student Council and was its Deputy General Secretary.

1) What is your fondest memory of the college?

My absolute core memories which I will cherish for life are:

- Being a part of the Student Council Core committee particularly during the 3rd NAAC cycle of JHC.
- Achieving a podium finish in the field of English Dramatics at Malhar for two years back-to-back.

2) Your favorite hangout spot in college?

Two spots that immediately come to my mind are, the aquarium area outside the Department of Life Sciences (that spot has a special place in the heart of all Life Sciences students!) and the area behind the new building foyer (where the endless but fulfilling dramatics practices took place).

3) Your favorite Professor?

The faculty of Jai Hind has always been top notch. I would like to give a special mention to Late Ms. Romita Wadhvani and Mrs. Jasmin Gazdar, as I found their lectures particularly enriching.

4) Your message/advice to the current students?

Now being on the other side of the fence, I have a lot of messages for the students!! I would particularly like to request them to rank honesty, sincerity and humility above any other temporary gains. These values will not only help you be a better person, irrespective of the field you graduate in, but also shape you for a life time of success....



PRANAV NAMBIAR

Pranav Nambiar is the creative director at India's fastest growing Esports organisation, Orangutan. He is a professional sports commentator and presenter who has worked with the AFC, AIFF, FIFA, Premier league, I league, ISL and the Reliance Foundation. Additionally he's worked creatively with several brands like Puma, TVS, Bumble, Star Movies and much more!

He is a winner of 21 JAMs across the city and has conducted many JAM workshops to train upcoming participants.

1. What is your fondest memory of College?

My fondest college memory is my first ever JAM victory in Shoutt 2018, the sounds of all the Jai Hindites chanting my name as I claimed my first major JAM win will forever echo in my ears.

2. Your favourite hangout spot in College?

My favourite hangout spot in college was behind this place called 'the shed' it's where we practised drama and spent most of our days, it's by the second gate on A road.

3. Your favourite Professor?

My favourite professor will forever be the iconic Miss Farzana Shaikh, it is her belief in me that led me to score 98% in her subject. I will never forget her command over a classroom.

4. Your advice/ message to current students?

To the students who are new to these halls, don't ever walk alone. I've never been so welcomed in a place before, there is a committee or a group with people just like you, no matter how you are, joining a team and becoming a part of something bigger than oneself is the best way to grow!

COMMENTS

Ms Nisha Sikka

"JHC magazine proves your hard work, dedication and the connectivity with Alumni Keep it up Loved it"

Ms Shreya Patel

"Superb !
Many many Congratulations ! "

Ms Nital Kothari

"Amazing as always "

Ms Purveen Dubash

"Jyoti, glad you gave us an insight into the credentials of our present Principal. Very impressive. Ofcourse the other articles were also an interesting read. Somehow a walk down J.HC memory lane. Thank you and may you continue your good work, grow from strength to strength."

Ms Samiksha Shah

"Thanks Jyoti. I've had the privilege of attending Sanjay Maroo's concert years ago and had thoroughly enjoyed it. I didn't know at the time that he is a Jai Hind college Alumnus"

Mr Dhimant Shah

"Hi Jyoti, Always enjoy reading the Alumni Newsletter ,specially the achievements of all the Jai Hind Alumni It was interesting to read about Dr Vijay Dabholkar's academic achievements. This Newsletters also brings back the memories of time we spent together at Jai Hind !! Best part is the 40 years of friendship still going strong. Cheers"

Ms Mala Malkani

"Thanks Jyoti! You are doing such a great job of the newsletter"

Ms Celina Fernandes

"Very detailed insights and eye catching colours and themes. Interesting read as always"

Ms NK Jyothi

"My Compliments
For the magazine and your devoted efforts. "

Ms Rajeshri Gumdaram

"Thanks for sharing
Always a delight to read the newsletter"

Mr Vikram Nankani

"@PSJ Jyoti Thakur: One more painstaking labour of love"

Ms Radhika T

"Thank you . I went through it. Very nicely done"

Mr Rohit Jasuja

"Like always a beautiful issue released by the college. Congratulations once again for the outstanding articles"

Ms Sangeeta Singh

"Always makes an extremely interesting and informative read Kudos Jyoti.
You really get it perfect every single editorial"

Ms Indu Rohira.

"Congratulations Jyoti as always very interesting to read the achievements and specially the way you helped Shreya Bhargava in choosing the subject which ultimately shaped her career"

Mr Suresh Goklaney

"Dear Jyoti, the issue yet again is outstanding. The coverage on our new ,Principal was a good understanding of his achievement . The college is blessed to have him. As always my best wishes "

INVITATION TO BE A MEMBER OF ALUMNI ASSOCIATION



Alumni Association Jai Hind College invites all to be a part of Alumni Association.

MEMBERSHIP FEES

1. Life Member: Rs.3000/-
2. Graduating Class: Rs.1500/-

PRIVILEGES & ENTITLEMENTS:

- 1) Life-time Membership of Alumni Association.
- 2) Access to the Data Base of Past Alumni
- 3) Entry to all Events hosted by Alumni Association such as Annual Reunions, Networking Meets, Celebrity Talks etc.
- 4) Employment/ Business Opportunities by linking with well placed Alumni from different walks of life.
- 5) Identity Card confirming permanent connectivity with your Alma Mater.
- 6) Memento/ gift from Alumni Association.

Register at the earliest & stay connected forever.

It is Your Moral Responsibility.

Note : For further details contact Alumni Den,
Ground Floor, Annexe Building or visit our website www.jaihindalumni.com

Sd/-
Secretary
Alumni Association – Jai Hind College