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# JAI HIND COLLEGE

BASANTSING INSTITUTE OF SCIENCE &  
J. T. LALVANI COLLEGE OF COMMERCE  
AND SHEILA GOPAL RAHEJA  
COLLEGE OF MANAGEMENT

**AUTONOMOUS**

23 - 24, BACKBAY RECLAMATION,  
"A" ROAD, CHURCHGATE,  
MUMBAI - 400 020.



Ref. - JH /

## CRITERION 5

### Key Indicator – 5.1 (Student Support)

5.1.3 Capacity development and skill enhancement activities organised for improving students' capability

**Table 3**

Year-wise list of activities under each category

### Academic Year 2018-19

Sr. No	Category of activity	Name of Activity	Date	No of beneficiaries	Report of Activity
1	Soft Skill	"Practising Science-Scope, Perspective and Vision"	26th and 27th April, 2019	47	<a href="#">Link_001</a>
2	Soft Skill	Professional Ethics- IRIS Seminar	20/03/2019	53	<a href="#">Link_002</a>
3	Soft Skill	Communication and Motivation	12/12/2018	116	<a href="#">Link_003</a>
4	Soft Skill	Human Resource Management	2/1/2019	116	<a href="#">Link_004</a>
5	Soft Skill	Basics of Corporate Communication	16/07/2019	116	<a href="#">Link_005</a>
1	Language & Communication Skill	Annual English Play	13/12/2018	43	<a href="#">Link_006</a>
2	Language & Communication Skill	Graphology - Reading Handwriting' Workshop	24/09/2018	47	<a href="#">Link_007</a>
3	Language & Communication Skill	Use of social media for start-ups	13/08/2018	77	<a href="#">Link_008</a>
4	Language & Communication Skill	Digital Writing: Blogging	7/12/2018	82	<a href="#">Link_009</a>
5	Language & Communication Skill	Digitalisation in Travel and Tourism Sector-Symposium	29/09/2018	86	<a href="#">Link_010</a>



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6	<b>Language &amp; Communication Skill</b>	Communication through Body language	16/8/2018	86	<a href="#">Link_011</a>
1	<b>Life Skill</b>	Art Therapy Workshop	12/8/2018	25	<a href="#">Link_012</a>
2	<b>Life Skill</b>	Aura-Chakra Workshop	23rd July, 2018	25	<a href="#">Link_013</a>
3	<b>Life Skill</b>	Masters of Disasters	1/11/2019	60	<a href="#">Link_014</a>
4	<b>Life Skill</b>	Relationships	27/08/2018	700+	<a href="#">Link_015</a>
5	<b>Life Skill</b>	Mental Health Awareness	28/08/2018	157	<a href="#">Link_016</a>
1	<b>Awareness of trends in Technology</b>	Mass spectroscopy"Gen Next"	23/1/2019	147	<a href="#">Link_017</a>
2	<b>Awareness of trends in Technology</b>	Workshop on Robotics	10th -11th August, 2018	16	<a href="#">Link_018</a>
3	<b>Awareness of trends in Technology</b>	Technovators sessions- Blee Tech	6/12/2018	57	<a href="#">Link_019</a>
4	<b>Awareness of trends in Technology</b>	Drone making workshop	6/12/2018	15	<a href="#">Link_020</a>
5	<b>Awareness of trends in Technology</b>	Digital Media Marketing	1/11/2019	300	<a href="#">Link_021</a>

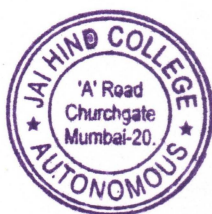


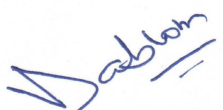
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**Academic Year 2019-20**

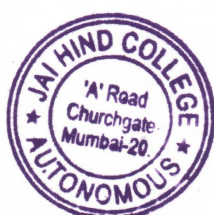
Sr. No	Category of activity	Name of Activity	Date	No of beneficiaries	Report of Activity
1	Soft Skill	Understanding Hazards to Human Development	14/01/2020	39	<a href="#">Link_022</a>
2	Soft Skill	What's My Story	25/11/2019	100	<a href="#">Link_023</a>
3	Soft Skill	Job Vs entrepreneurship	Saturday, 9th May, 2020	10	<a href="#">Link_024</a>
4	Soft Skill	Interview skills	Tuesday, 21st April 2020	15	<a href="#">Link_025</a>
5	Soft Skill	The importance of an Online presence in the post-Covid environment	Friday, 8th May, 2020	31	<a href="#">Link_026</a>
1	Language & Communication Skill	Calligraphy Workshop	01/08/2019 and 28/08/2019	25	<a href="#">Link_027</a>
2	Language & Communication Skill	Maths Discussion Club	2019-2020-Saturdays	15	<a href="#">Link_028</a>
3	Language & Communication Skill	B.Sc IT Discussion Club	2019-2020	20	<a href="#">Link_029</a>
4	Language & Communication Skill	B.Voc SD Discussion Club	2019-2020	20	<a href="#">Link_030</a>
5	Language & Communication Skill	Branding by storytelling : How to convert your brand pages into a page with a voice?	14/06/2020	24	<a href="#">Link_031</a>
1	Life Skill	Workshop on Overcoming Addiction by Dr Avinash Desousa (with Wellness Cell)	21/11/19	50	<a href="#">Link_032</a>
2	Life Skill	Visit to Global Vipassana Pagoda	17/01/2020	39	<a href="#">Link_033</a>
3	Life Skill	A talk on 'Gandhi as an Entrepreneur'	20/12/2019	60	<a href="#">Link_034</a>
4	Life Skill	Yoga Workshop	16/01/2020	52	<a href="#">Link_035</a>



  
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5	<b>Life Skill</b>	Workshop titled "Health and Wellness" by Ms Addiiti Jain	01/08/2019	105	<a href="#">Link_036</a>
6	<b>Life Skill</b>	Guest Lecture "Philosophy of Life, Spirituality and Literature" by Shri Raj Supe	28/07/2019	104	<a href="#">Link_037</a>
7	<b>Life Skill</b>	Workshop on Nutrition Health Wellness.	17th-18th December, 2019	60	<a href="#">Link_038</a>
8	<b>Life Skill</b>	Guest Lec- Preparation of Diet Chart- Dr Veena Yardi	20/7/2019	20	<a href="#">Link_039</a>
9	<b>Life Skill</b>	Personal Development Strategies	8/3/2020	104	<a href="#">Link_040</a>
10	<b>Life Skill</b>	Overcoming Addictions	21/11/2019	174	<a href="#">Link_041</a>
11	<b>Life Skill</b>	Mental Health Film Screening	12/02/2020	151	<a href="#">Link_042</a>
12	<b>Life Skill</b>	Hands-only CPR"	15/01/2020	95	<a href="#">Link_043</a>
1	<b>Awareness of trends in Technology</b>	Workshop- Computer Training	21st and 22nd August, 2019	23	<a href="#">Link_044</a>
2	<b>Awareness of trends in Technology</b>	Latest trends in Android Application Development	11/1/2020	51	<a href="#">Link_045</a>
3	<b>Awareness of trends in Technology</b>	Blockchain Technology	4/5/2020	110	<a href="#">Link_046</a>
4	<b>Awareness of trends in Technology</b>	Advanced Web Technologies	21/12/19	38	<a href="#">Link_047</a>
5	<b>Awareness of trends in Technology</b>	Machine learning	1/2/2020	52	<a href="#">Link_048</a>
6	<b>Awareness of trends in Technology</b>	Ethical Hacking and Cyber Crime	26/06/2019	104	<a href="#">Link_049</a>




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**Academic Year 2020-21**

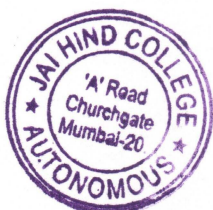
Sr. No	Category of activity	Name of Activity	Date	No of beneficiaries	Report of Activity
1	<b>Soft Skill</b>	Communication and Motivation	11/09/2020	114	<a href="#">Link_050</a>
2	<b>Soft Skill</b>	Coping with intense emotions	24/12/2020	114	<a href="#">Link_051</a>
3	<b>Soft Skill</b>	Importance of networking	16/03/2021	114	<a href="#">Link_052</a>
4	<b>Soft Skill</b>	Brand Positioning	28/08/2020	75	<a href="#">Link_053</a>
5	<b>Soft Skill</b>	Sales Technique	27/02/2021	32	<a href="#">Link_054</a>
1	<b>Language &amp; Communication Skill</b>	Workshop on Writing Skills	26/04/2021 28/04/2021	69	<a href="#">Link_055</a>
2	<b>Language &amp; Communication Skill</b>	Lecture Series: Freedom of Speech	27/05/2021	20	<a href="#">Link_056</a>
3	<b>Language &amp; Communication Skill</b>	Lecture Series: Effective Communication	28/05/2021	20	<a href="#">Link_057</a>
4	<b>Language &amp; Communication Skill</b>	Visual thinking for better communication	27/02/2021	19	<a href="#">Link_058</a>
5	<b>Language &amp; Communication Skill</b>	Creative marketing competition	2/3/2021	65	<a href="#">Link_059</a>
1	<b>Life Skill</b>	Acupressure Workshop by Ms. Pragati Kanuga	08/08/2020	175	<a href="#">Link_060</a>
2	<b>Life Skill</b>	E-Yoga Championship	17/11/2020	81	<a href="#">Link_061</a>
3	<b>Life Skill</b>	Laughter Yoga Workshop by Ms. Simmin Bawa	10/10/2020	180	<a href="#">Link_062</a>
4	<b>Life Skill</b>	Spiritual Healing Workshop	12/08/2020	105	<a href="#">Link_063</a>
5	<b>Life Skill</b>	Wellness, Wellbeing Workshop Through Tibetan Singing Bowls	21/08/2020,	54	<a href="#">Link_064</a>



  
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6	<b>Life Skill</b>	Yoga for Online Teaching-Learning Workshop by Ms Simmin Bawa	19/09/2020	107	<a href="#">Link_065</a>
7	<b>Life Skill</b>	Yoga in Lockdown – Yoga with Family by Mr. Kush Panchal	17/11/2020	22	<a href="#">Link_066</a>
8	<b>Life Skill</b>	Mental Health Among Celebrities- addressing depression and suicide	21/06/2020	45	<a href="#">Link_067</a>
9	<b>Life Skill</b>	Destressing through Dance and energizing oneself	26/06/2020	15	<a href="#">Link_068</a>
10	<b>Life Skill</b>	Empathy and Self-reflection in Counselling- by Hoori Shah	11/09/2020	39	<a href="#">Link_069</a>
11	<b>Life Skill</b>	Mental Health 2021: What lies Ahead- by Dr Avinash D'Souza	22/05/2020	100	<a href="#">Link_070</a>
12	<b>Life Skill</b>	Diet Planning by Tasneem Ravat	20/10/2020	22	<a href="#">Link_071</a>
13	<b>Life Skill</b>	Fitness session: Zumba	8/7/2020	114	<a href="#">Link_072</a>
14	<b>Life Skill</b>	Mindfulness-Mind over Matter	11/7/2020	114	<a href="#">Link_073</a>
15	<b>Life Skill</b>	Coping with Unlock Worries	15/7/2020	114	<a href="#">Link_074</a>
16	<b>Life Skill</b>	Flex your body and Mind	18/7/2020	114	<a href="#">Link_075</a>
17	<b>Life Skill</b>	Mending the mind	26/11/2020	114	<a href="#">Link_076</a>
18	<b>Life Skill</b>	Nutrition Education and Fitness	21/5/2021	114	<a href="#">Link_077</a>
19	<b>Life Skill</b>	Emotional Intelligence Workshop (Under Skill Hub)	09/07/2020	15	<a href="#">Link_078</a>
20	<b>Life Skill</b>	Gut and Health Connection	16/02/2021	300+	<a href="#">Link_079</a>
1	<b>Awareness of trends in Technology</b>	Talk on 'Fake News & Artificial Intelligence: Threat to Democracy.'	17/08/2020	100	<a href="#">Link_080</a>



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2	<b>Awareness of trends in Technology</b>	“Bioinformatics-Present and Future”- a saga of interesting facts about the jungle	26/02/2021	20	<a href="#">Link_081</a>
3	<b>Awareness of trends in Technology</b>	Webinar on “Current Trends and Technology”	10-12th June, 2020	160	<a href="#">Link_082</a>
4	<b>Awareness of trends in Technology</b>	Expert talk on “Artificial Intelligence”	20/02/2021	20	<a href="#">Link_083</a>
5	<b>Awareness of trends in Technology</b>	Webinar on “Research in IT and its Importance”	01/03/2021	54	<a href="#">Link_084</a>
6	<b>Awareness of trends in Technology</b>	Webinar on “Cyber Forensics”	17th-18th April, 2021	139	<a href="#">Link_085</a>
7	<b>Awareness of trends in Technology</b>	Webinar on “Current Trends and Technology”	10-12th June, 2020	8	<a href="#">Link_086</a>
8	<b>Awareness of trends in Technology</b>	The Role of AI in new age Marketing	18/06/2020	25	<a href="#">Link_087</a>

#### Academic Year 2021-22

Sr. No	Category of activity	Name of Activity	Date	No of beneficiaries	Report of Activity
1	<b>Soft Skill</b>	Two-day workshop on Soft Skills	2nd & 3rd September, 2021	75	<a href="#">Link_088</a>
2	<b>Soft Skill</b>	Soft skills, Resume Building and Interview Etiquettes	4th and 5th May, 2022	97	<a href="#">Link_089</a>
3	<b>Soft Skill</b>	Team building	7/8/2021	129	<a href="#">Link_090</a>
4	<b>Soft Skill</b>	Communication and Personal Growth	28/9/2021-29/9/2021	129	<a href="#">Link_091</a>
5	<b>Soft Skill</b>	Networking and integrating	30/11/2021	31	<a href="#">Link_092</a>
6	<b>Soft Skill</b>	Negotiation	26/11/2021	28	<a href="#">Link_093</a>



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1	<b>Language &amp; Communication Skill</b>	Writing Skills Workshop organised by the the Language Laboratory in collaboration with the English Association	16th and 18th September 2021	49	<a href="#">Link_094</a>
2	<b>Language &amp; Communication Skill</b>	Lecture Series on Eminent Personalities on Art, Culture and Literature	September 2021- February 2022	29	<a href="#">Link_095</a>
3	<b>Language &amp; Communication Skill</b>	Physics Poetry Competition	16/2/22	37	<a href="#">Link_096</a>
4	<b>Language &amp; Communication Skill</b>	Marketing Techniques	25/11/2021	36	<a href="#">Link_097</a>
5	<b>Language &amp; Communication Skill</b>	Brand building via storytelling	2/8/2022	55	<a href="#">Link_098</a>
1	<b>Life Skill</b>	Guest Lec- Diet Planning- Fatima Kader	23/12/2021	18	<a href="#">Link_099</a>
2	<b>Life Skill</b>	Strike a balance- yoga session	18/9/21	129	<a href="#">Link_100</a>
3	<b>Life Skill</b>	Your emotions matter	21/9/21	129	<a href="#">Link_101</a>
4	<b>Life Skill</b>	Feeling your Feelings	23/9/21	129	<a href="#">Link_102</a>
5	<b>Life Skill</b>	Thalassemia Awareness	01/05/2022	60+	<a href="#">Link_103</a>
6	<b>Life Skill</b>	MY LOCKDOWN JOURNEY (Real People Behind Numbers)	04/06/2021	300+	<a href="#">Link_104</a>
1	<b>Awareness of trends in Technology</b>	International webinar on recent advances in Biomedical engineering research	9/12/2022	70	<a href="#">Link_105</a>
2	<b>Awareness of trends in Technology</b>	The internet: half glass full or empty? And the cybersecurity issues that come with it.	17/09/2021	370	<a href="#">Link_106</a>
3	<b>Awareness of trends in Technology</b>	Workshop on cyber security tools and awareness session	16/9/2021	308	<a href="#">Link_107</a>
4	<b>Awareness of trends in Technology</b>	Past Present Crypto	19/08/2021	45	<a href="#">Link_108</a>



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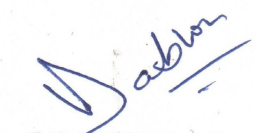


5	<b>Awareness of trends in Technology</b>	Digital Marketing- Using social media	22/11/2021	49	<a href="#">Link_109</a>

**Academic Year 2022-23**

Sr. No	Category of activity	Name of Activity	Date	No of beneficiaries	Report of Activity
1	<b>Soft Skill</b>	Seminar on CV Writing, Soft Skills and Mock Interview	6/8/2022	66	<a href="#">Link_110</a>
2	<b>Soft Skill</b>	Comprehensive Guide to Personal Development and Goal Setting	15/02/2023	121	<a href="#">Link_111</a>
3	<b>Soft Skill</b>	“Out of the box thinking for problem solving” workshop	30/08/2022	33	<a href="#">Link_112</a>
4	<b>Soft Skill</b>	Importance of Financial Planning and Financial Psychology	2/11/2023	40	<a href="#">Link_113</a>
5	<b>Soft Skill</b>	Maintaining and managing customer relationship	25/11/2022	36	<a href="#">Link_114</a>
1	<b>Language &amp; Communication Skill</b>	Writing Skills Workshop organised in collaboration with SAGA Fiction	02/03/2023	18	<a href="#">Link_115</a>
2	<b>Language &amp; Communication Skill</b>	Online Workshop on Academic Writing.	6th and 10 February, 2023	34	<a href="#">Link_116</a>
3	<b>Language &amp; Communication Skill</b>	The Reading Corner	27/08/2022	41	<a href="#">Link_117</a>
4	<b>Language &amp; Communication Skill</b>	Open Mic - Literary Club Event	21/12/2022	41	<a href="#">Link_118</a>
5	<b>Language &amp; Communication Skill</b>	Communicate Like A CEO	2/10/2023	44	<a href="#">Link_119</a>



  
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6	<b>Language &amp; Communication Skill</b>	Communication and presentation skills for startup owner	29/11/2022	40	<a href="#">Link_120</a>
1	<b>Life Skill</b>	Guest Lecture on Stress & Stress management	20/01/2023	28	<a href="#">Link_121</a>
2	<b>Life Skill</b>	Guest Lecture on Yoga; the link to healthy life	27/01/2023	26	<a href="#">Link_122</a>
3	<b>Life Skill</b>	Yoga Workshop	22/11/2022	41	<a href="#">Link_123</a>
4	<b>Life Skill</b>	'Emotional Wellness' by Mr Hitesh Bhatia	22/07/2022	60	<a href="#">Link_124</a>
5	<b>Life Skill</b>	emPOWERED - a Self Defence Workshop by Rohit Bhandarri - Outreach Club Event	02/02/2023	76	<a href="#">Link_125</a>
6	<b>Life Skill</b>	Guest lec- Diet Planning- Shalmalee Potdar	6/8/22	18	<a href="#">Link_126</a>
7	<b>Life Skill</b>	Anger Management	9/01/2023	90+	<a href="#">Link_127</a>
8	<b>Life Skill</b>	Vaping and Addiction	23/01/2023	70+	<a href="#">Link_128</a>
1	<b>Awareness of trends in Technology</b>	Expert talk on "Artificial Intelligence in Corporate"	25/1/2023	49	<a href="#">Link_129</a>
2	<b>Awareness of trends in Technology</b>	Expert talk on "AI with Cyber Forensics"	23/7/2022	45	<a href="#">Link_130</a>
3	<b>Awareness of trends in Technology</b>	Expert talk on "Artificial Intelligence in Metaverse"	14/1/2023	55	<a href="#">Link_131</a>
4	<b>Awareness of trends in Technology</b>	Expert talk on "Artificial Intelligence with Offensive Security"	4/2/2023	48	<a href="#">Link_132</a>
5	<b>Awareness of trends in Technology</b>	Insights into the Banking Industry and Future of Digital Currency	11/02/2023	30	<a href="#">Link_133</a>
6	<b>Awareness of trends in Technology</b>	Technology and Data in Accelerating Startups	11/02/2023	38	<a href="#">Link_134</a>



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7	Awareness of trends in Technology	Role of Technology for Startups (Webinar)	27/08/2022	201	<a href="#">Link_135</a>
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