

Department of Psychology (BA)

About the department:

The Bachelor of Arts in Psychology program at Jai Hind College, established in 1948, offers a comprehensive study of human behavior and mental processes. With a legacy of academic excellence, the department provides theoretical depth and practical skills through experiential learning, internships, and national competitions. Key activities include annual publications like 'Espectro Psicologico' and 'Journal of Psychology-Jai Hind College', alongside certificate courses in Life Skills and Research Methodology. The Psychology Association hosts 'Psyc Insight', a prominent intercollegiate festival, fostering a community of motivated learners dedicated to understanding human behavior for diverse career paths.

About the HOD:

N.K. Jyothi is an Associate Professor and HOD with 27 years of experience in Industrial Psychology. She holds an MA in Industrial Psychology and is SELT qualified. Her extensive expertise and dedication enhance the learning experience for students in the field of Industrial Psychology.

Message from the HOD:

Welcome to the Psychology Department at Jai Hind College, where we nurture your passion for psychology through diverse career paths such as Clinical, Industrial, and Counseling Psychology. We offer numerous opportunities to turn your dreams into practical, scientific pursuits, keeping up with global developments. Our students excel as conscientious citizens dedicated to improving mental health

Faculty Details:



NK Jyothi

Designation: Associate Professor, HOD

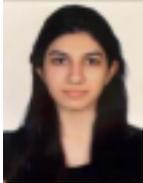
Qualification: MA Psychology

Specialization: Industrial Psychology

Experience: 27 years

E-mail Id: jyothi.nk@jaihindcollege.edu.in



Dr. Ruchi Dubey Chaturvedi**Designation:** Associate Professor**Qualification:** Ph.D.Industrial Psychology NET JRF**Specialization:** Industrial Psychology**Experience:** 22 years**E-mail Id:** ruchi.chaturvedi@jaihindcollege.edu.in**Dr. Freyana Shinde****Designation:** Assistant Professor**Qualification:** Ph.D.Clinical Psychology**Specialization:** Clinical Psychology**Experience:** 6 months**E-mail Id:** freyana.shinde@jaihindcollege.edu.in

Research Publications:Dr. Freyana Shinde's research focuses on suicide prevention, spirituality, and coping mechanisms. Her notable publications include studies on the role of spirituality as a buffer against suicide and its impact on well-being, as well as an exploratory study on coping in abusive relationships while dating. She has also investigated the effects of negative childhood experiences on adolescent mental health and evaluated user experiences with a web-based suicide prevention program. These works have been featured in prominent journals such as the Journal of Psychosocial Research, Anvesak, and Brill: Perspectives of Global Development and Technology. Dr. Shinde has presented her research at various conferences, addressing topics like web-based suicide prevention programs and the efficacy of digital interventions. Additionally, she collaborated on a comprehensive suicide prevention program affiliated with UNESCO's Open Education for a Better World Project.

Courses Offered

BA Psychology Degree

Life Skills Certificate Course

Research Methods Certificate Course

Societies/Cells Under Department

Psychological Association: The Psychological Association at Jai Hind College enriches students' academic and practical experiences through workshops, webinars, and intercollegiate festivals. It features guest lectures from professionals and supports student research presented at conferences. The association enhances students' understanding of psychology and career opportunities.: Prof. (Dr.) Preeti Nilesh guided students on research paper writing techniques, assisting in the preparation for the Annual Student Seminar.

Students Achievements

In the academic year 2021-22, notable achievements by the students include Kuhoo Tiwari and

Labdhi Shah receiving the Sumitomo Scholarship, while Soochit Bhat earned the Priyadarshini Scholarship. Additionally, two TY student groups won the national-level E-Shodh Research Meet, with their papers selected for publication in the journal *Different Strokes*.