

JAI HIND COLLEGE AUTONOMOUS E - NEWSLETTER



THE REFLECTION

and *WE RISE* - Special Edition on Covid - 19 period



VISION

To create awareness and highlight the importance of research amongst students.

To accelerate research spirit and research activities among students and teachers.

To disseminate and showcase the research and development activities carried out within the various faculties of the college and the corporate world with the sole aim to educate students, prospective students, teachers and the entire research fraternity.

MISSION

To educate and update the readers about different research insights

FROM THE EDITOR'S DESK

The Reflection - a research newsletter is another initiative of the Criteria-III committee to create an encouraging environment by incessant update and discussions of research, innovations and extension in the campus. We envisage that the small steps being taken by every department, teacher and student has to be broadcasted to the entire student and staff fraternity so that this will generate the intellectual deliberations further to initiate research activities. We believe this platform will serve as a catalyst to spark novel ideas and innovations as a part of academic activities, imbibe the research culture, and continue our journey towards excellence. The pages attributed to articles will inspire students to read on recent global research, imbibe them and write research articles. Criteria-III team believes that this will allow the campus to be intellectually vibrant towards research activities. "The Reflection" as the name suggests, mirrors the various activities happening in the research, innovation and extension domains.

The teachers are requested to be the motivators for students to be contributors for the newsletter as the aim of it remains to be for the "students-of the students". So, we invite students from all faculties to be contributors in all areas of the upcoming editions. Students, you have enthusiastically supported every initiative of Jai Hind College and therefore, I am sure, you will provide the "energy of youth" to "The Reflection" too. I take this opportunity to invite you to be great contributors for the future editions of this newsletter.

The present edition is different as our regular activities are disrupted by the Covid-19 lockdown. Therefore, here we covered various activities of our college during this period and how we are emerging - helping the society or overcoming the adversities. The special issue is also a dedication to all those agencies at work to overcome the present situation.

This edition is released during this time of uncertainty, but we are certain about our mission and therefore the edition comes as a reassurance of certainty of future. Once the mission is clear we will rise above all odds and find a way to excel. And that is the feeling when we release this edition to you.

Editors: Ms. Nidhi Lulla, Ms. Lubaina Tankiwala, Dr. Sajith Chandran

Design & Layout: Mr. Ujjal Kumar Ray

From the Principal's Desk



Dear young and budding researchers,

Heartiest Greetings!!!

I am delighted to welcome you to the very fresh, vibrant and encouraging initiative of IQAC –Research team of our College. Our endeavor at Jai Hind College is to provide all rounded education of International standards. I am proud to provide this platform 'THE REFLECTION' to all our budding researchers to imbibe the research culture, on our journey towards excellence. As I firmly believe, that the future developments of any nation depend on the research activities they undertake today.

This is a time of uncertainty and this research bulletin followed by the research meet is apt in its time. The future of mankind depends on research for which we need to develop analytical mind among the present generation. These kinds of activities are certainly long-term initiatives to create a conducive environment for young minds to think freely without limitations and to come up with out of the box research ideas that can change the life of mankind. The newsletter initiative will allow faculties of different background and place to converge to share their ideas. This effort will also help to inculcate a "disciplined research culture" among the budding researchers so as to develop the skills and to excel in it. The newsletter will give a platform for all the students of Jai Hind College and others to imbibe the research culture which is different from regular teaching-learning. This will help the teachers and students a long way - whether it is online, offline or blended learning methods – to creative inquisitiveness beyond the curriculum demands.

Let this research bulletin be a platform for all budding researchers and teacher mentors to express, share and collaborate without apprehension in their mind. This is an opportunity for students from various parts to come together and share research problem and emerge with successful solutions. The Jai Hind faculty members or mentors from other colleges can establish long term research networking for the benefit of student community and nation. I would like to see the panel of editors both from student community and teachers and the opportunity of student editors to be shared among the student community across India who are contributing to research. This will help the bulletin to reach widely and honour students as larger contributors in the initiative.

I will be happy to see students using this platform, to freely express their novel ideas, to exhibit their research work, to write re-view articles. I also want to encourage our under graduate students to carry out quality scientific research, with the help of this platform. The newsletter can provide a platform for the students to gain expertise of writing papers which help them at a later stage of research career. This will also encourage them to refer global journals and understand the recent research topics.

Let this be a venue for the Jai Hind faculties to remove compartmentalization of various faculties and encourage collaborative research. The subject boundaries are getting blurred and we need to embark on a research culture which is largely collaborative. I foresee, with this newsletter, the faculties will keep an open mind, kindle the young minds and channelize the thoughts so as to contribute towards the goal of this initiative. This will allow the students and ourselves to enjoy the experience of research.

Best wishes to researcher in you!

Dr. Ashok Wadia,
Principal,
Jai Hind College Autonomous.

Table of Contents

IQAC CRITERIA-III RESEARCH & EXTENSION

E-SHODH (IQAC)
RESULTS OF E-SHODH
FEEDBACKS

PAGE NO.- 01
PAGE NO.- 02
PAGE NO.- 03

E-RESEARCH MEET REPORT

PAGE NO. - 05

DEPARTMENT OF B.VOC TRAVEL & TOURISM

PAGE NO. - 06

DEPARTMENT OF HISTORY

PAGE NO. - 07

DEPARTMENT OF MICROBIOLOGY

PAGE NO. - 08

DEPARTMENT OF PHILOSOPHY

PAGE NO. - 09

DEPARTMENT OF POLITICAL SCIENCE

PAGE NO. - 10

DEPARTMENT OF PSYCHOLOGY

PAGE NO. - 11

DEPARTMENT OF BAF/BBI/BFM

PAGE NO. - 12

TEACH INITIATIVE

PAGE NO. - 13

MOTIVATIONAL TALK

PAGE NO. - 14

TALKS

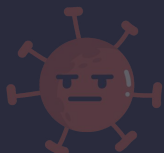
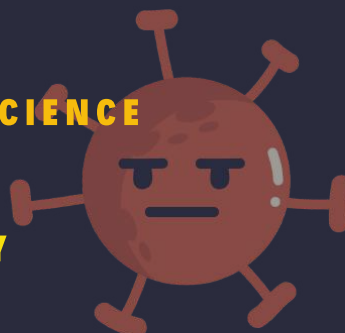
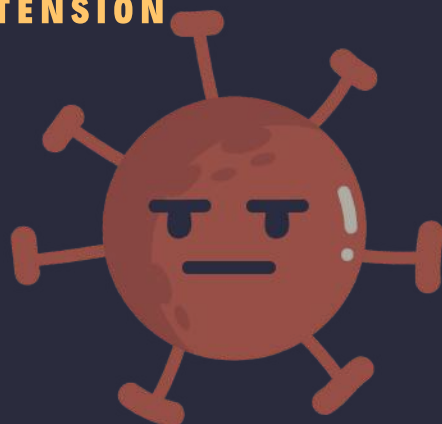
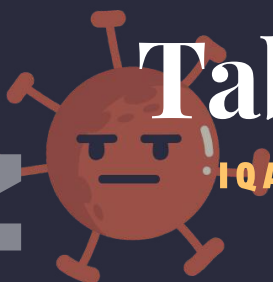
PAGE NO. - 15

NATIONAL SERVICE SCHEME (NSS)

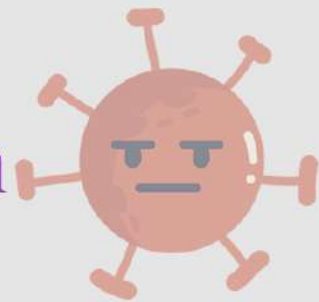
PAGE NO. - 16

JUNIOR COLLEGE ACTIVITIES

PAGE NO. - 17



IQAC Criteria-III - Research & Extension



11 May to 13 May 2020

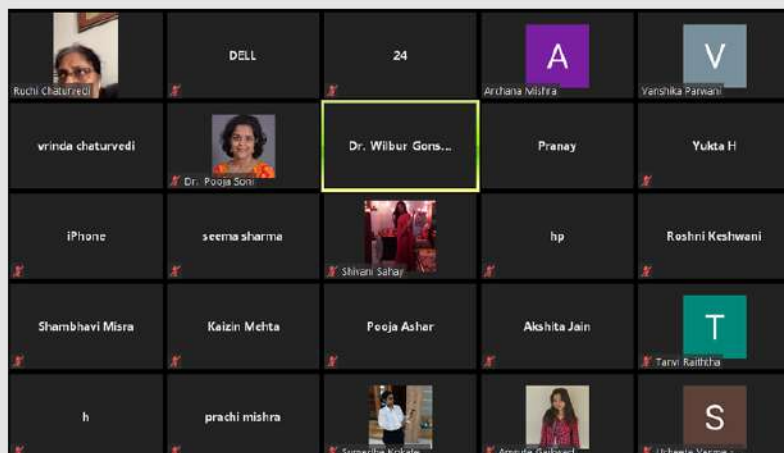
E-Shodh was featured as an online research meet by the IQAC department of Jai Hind College during the lockdown period. It was a national level research meet conducted from 11 May to 13 May 2020 where students all across India got an opportunity to present their research work. The theme decided for the same was, “Impact of COVID – 19 on economy, society, international politics, Higher education, literature, media, personal or Public Health, Psychology, Management, e – commerce, Mobility, technology, research, entrepreneurship, Tourism, Research and Innovation”. The online research meet received spectacular response from students across the country. Research papers were received from various universities from states such as Goa, West Bengal, Tamil Nadu etc. The colleges participated from various parts of the country were Modern College (Pune), Hindu College & Indraprastha College for Women (Delhi) Vellore Institute of technology (VIT) (Chennai), BITS Pilani (Rajasthan), Bhairab Gangully College (West Bengal). Some of the reputed institutes from Mumbai which participated in the event were Mithibai College, St.Xaviers College, K.J.Somaiya College and Sophia College.

The total number of registrations received were 308. The total number of abstracts received were 187. The total number of papers received were 142 out of which papers received from the Arts department were 52 UG & 04 PG. The Commerce department sent in 50 UG & 05 PG papers where as the Science department sent in 24 UG & 07 PG papers. The total number of papers presented during the research meet were 131..

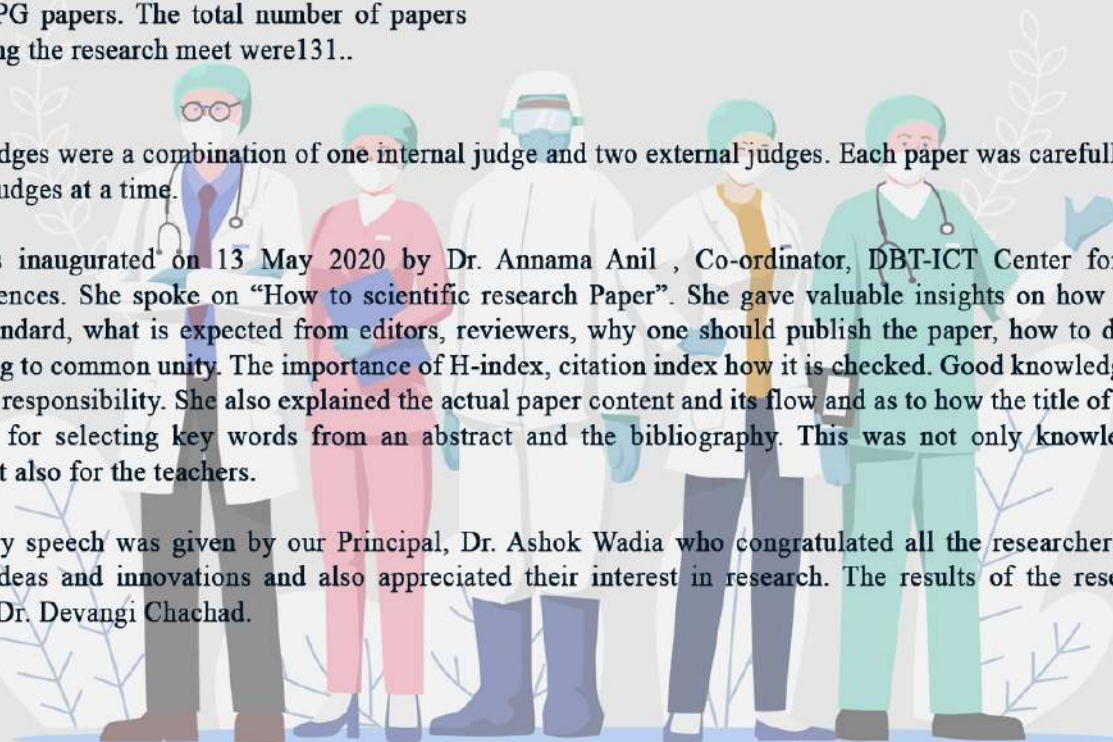
The team of judges were a combination of one internal judge and two external judges. Each paper was carefully evaluated by a team of three judges at a time.

The meet was inaugurated on 13 May 2020 by Dr. Annama Anil , Co-ordinator, DBT-ICT Center for excellence for EnergyBiosciences. She spoke on “How to scientific research Paper”. She gave valuable insights on how to increase your publication standard, what is expected from editors, reviewers, why one should publish the paper, how to discriminate your research finding to common unity. The importance of H-index, citation index how it is checked. Good knowledge base and good plan is authors responsibility. She also explained the actual paper content and its flow and as to how the title of the paper should be, guidelines for selecting key words from an abstract and the bibliography. This was not only knowledge booster for participants but also for the teachers.

The Valedictory speech was given by our Principal, Dr. Ashok Wadia who congratulated all the researchers for their paper presentation, ideas and innovations and also appreciated their interest in research. The results of the research meet were announced by Dr. Devangi Chachad.



The most interesting part of this meet was that collaborative papers received from students belonging to different universities as well as states. The enthusiasm shown by the young and budding researchers was truly commendable. We would like to acknowledge one such young researcher from St. Xavier's College who despite being visually impaired had shown perseverance and had enlightened the students with the impact of COVID – 19 on visually impaired people.



Results of E - Shodh Science

Session 1

SOP2 – RONIT JAIN – Eliminating SARS – CoV – 2: Potential therapeutic treatment options for covid – 19 – Jai Hind College, Churchgate, Mumbai.

SOP8 – AARON VIEGAS -

Understanding critical flaws in the Indian healthcare system, that have been exposed by Covid-19 and why it is imperative that the Indian government take conscious steps to fix them. – Jai Hind College, Churchgate, Mumbai.

Session 2

SOP13 - Dsouza. S., Sohoni.M., Chowdhary. N., Shelar. A - An Analysis of the Global Impact of the Novel Coronavirus – Jai Hind College, Churchgate, Mumbai.

SOPG6 - A. V. Bhaskarwar, M. M. Shukla, S.S. Khandare, M.G. Ingale - Impact of COVID-19 on Research and Innovations. – Bajaj College Of Science, Wardha.

Session 3

GOP1 – Shreya Khot, Shreya Nayak, Tanvi Nirgude, Rashmi Rani - Comparative Study of Strategies Adopted by 9 Countries in Combating the Covid 19 Pandemic: A Desk Review – Jai Hind College, Churchgate, Mumbai.

Arts

Session 1

APOP8- Suhani Dube "Impact of COVID-19 on students' perspective"- Jai Hind College, Churchgate, Mumbai.

Session 2

APOP15 - Mehta.k, Shaikh H.And Mishra .P. "An exploratory study of understanding Xenophobia with respect to Corona crisis" Vivekananda College, Chembur, Mumbai.

APOP22- Misra.S. "Stay and die or leave and die" Indraprastha College for women, University of Delhi.

Session 3

APOP27- "Impact of COVID 19 on Mental Health of the Post Millenials" Pooja Shah. Mithibai College, Mumbai.

APOPG1- "An experimental investigation into the influence of illness- Related emotions on indicators of conformity" - Gaikwad A., Khanolkar K. And Shenvi M, Vivekanand Education Society's College of Arts, Science and Commerce, Chembur.

Session 4

ASOP9 - "Impact of COVID 19 on society" Abigail Ambrose St. Andrew's College.

Session 5

ASOP18- "The Era of a new Hegemon" Nagar, Manshi, Smt. Parvatibai College of Arts and Science, Goa.

Special Prize:

ASOP13- "Impact of Corona virus on Higher education, Mobility and personal Health of persons with Visual Impairment. – Sutar Nagraj, St.Xaviers's College, Mumbai.

Commerce

Session 1

COP 11- Impact of Covid -19 on Tourism with respect to Kottayam district Kerala” by Sohan Joseph Samuel – Wilson College.

Session 2

COP 15- Impact of Social Media during COVID-19 (with reference to Zoom/Webinar and Instagram) by IffatQureshi – Jai Hind College, Mumbai.

Session 3

COP 34- Indian Newspaper Industry: The Aftermath Of Covid-19 by Siddhee Saraf – Modern College, Pune

Session 4

COP 37- 'Impact of COVID-19 Lockdown on Consumer Behaviour' by Anvi Agarwal, Ishaan Jain; Jaanvi Sharma & Pranav Jha, St. Xaviers; Kirori Mal College; M.O.P Vaishnav College for Women & Hindu College

Session 5

COP 49 - Impact Of Covid-19 On Teaching Learning Process In Higher Education By Ritesh Manmohan Shetty – Anna Leela College, Kurla

COPG4- Impact Of Covid-19 On The Indian Economy By Impact Of Covid-19 On The Indian Economy - Amay J.; Bhavya V.; Dhruv B.; Kartikay S. & Trisha S, NMIMS, Mumbai

E-Shodh Feedbacks



“E-shodh 2020 was meticulously planned, immaculately organised and flawlessly executed by Jai Hind College. It was held between 11th -13th May 2020. At a time when the world was experiencing a unique situation of lockdown and gripped under intense fear of the spread of Corona Virus, this endeavour had a very relevant theme- 'IMPACT OF COVID 19' . To explore this, research papers were invited from students studying in different parts of India. Students explored the theme with utmost sincerity and dedication. The different perspectives investigated were relating to- culture, society, economy, international relations, interpersonal relationships, family relationships, intrapersonal changes, physical and emotional traumas, coping mechanisms, impact on different genders and people of different age groups, role of COVID heroes. The main conclusion drawn was that for enhancing one's well-being people need to make major lifestyle changes and reset their priorities. The human race also needs to respect and nurture their environment.”

-Dr. Ruchi Chaturvedi

*Vice principal of arts and Associate professor in psychology
JaiHind College Autonomous*



“ It was such a pleasure, take express in words, only maintain silence where you cannot express what great philosopher Wittgenstein says. I am out of word. I learnt so much. Thanks to the complete team of Jai Hind College and thank you Simmin to introduce me to the world of my choice. Love you all. Stay safe and stay blessed. Thank you Ruchi madam, Evelyn and Archana, I am blessed to have you all in my realm.”

-Dr. Amita Valmiki

*Head of Dept. Of Philosophy,
Ramniranjan Jhunhunwala College*

“ I would like to thank the team for giving me this opportunity to be with the youth and I'm happy to know that the youth is so concerned about the society. I would like to appreciate the Jai Hind College team for creating such a vibrant platform where thoughts and knowledge were exchanged.”

-Dr. Pradnya Wakpaijan

*Associate Professor,
Dept. Of Education,
SNDT Women's University.*



“I congratulate the Jai Hind College and the team for organising and successfully conducting E-Shodh, a research oriented national level competition for the students. Not only the activity was professionally organised but the level of the participants was also very pleasantly surprising. The teachers involved in the activity deserve an appreciation for their dedication and concern towards the students even during these difficult times and organising such a meaningful activity. It was my pleasure and honour to be associated as a judge with such an excellent activity organised by one of the premier institutes.”

- Dr. (CA) Chandrashekhar Deore
*Head of the Department of Accountancy,
K.P.B.Hinduja College of Commerce*



“The webinar on 'E - Shodh' online research meet was an enterprising one. It was challenging for the participants and was a great source of learning for both participants and panelists.”

- Dr. Moushmi Datta
*Professor, Dept. Of Geography,
N.K. College*



“E - shodh organized by Jai Hind College was a unique inter collegiate online research meet. The related topic which was the theme of “e - shodh” was aptly selected “Impact of Covid-19”. The research papers across several disciplines. The science papers with which I was concerned were a superb effort by the students. Papers were well researched and presented. E- shodh was the first attempt at having an online research meet. It was extremely successful and I wish the JHC IQAC and research team all the best for all such future endeavours.”

- Dr. Ambika Joshi
*Associate Professor (Retd.)
Department of Botany
Jai Hind College Autonomous*



“Thank you principal, organising committee and Dr Ruchi for inviting me as a judge for the national conference. A very well organised event and a gratifying experience as a teacher . great initiative which provided a wonderful platform for students to present their research work . All the best for your future endeavours.”

- Dr.Radhika Mohan
*Assistant Professor
Department of Psychology
VES college of Arts,Science & Commerce,Mumbai.*

E - Research Meet Report

(IQAC Criteria-III (Research & Extension) Committee)

by Ms. Shruti Shastry

The E-Shodh Research Meet shattered the glass ceiling of research by promoting collaborative and interdisciplinary work during these difficult times of the COVID-19 pandemic. Undergraduate and postgraduate students from various parts of the country participated in the meet to have the golden opportunity of presenting their papers to accomplished personalities in the field.

However, the research meet was not restricted to one field. It gave freedom to students from any academic background to choose a topic which they favoured and write a paper on it. As expected, the students engaged in high-quality, collaborative, and interdisciplinary work. Several even chose to work on topics different from their field to make this a more wholesome experience.

Arts

The coronavirus pandemic has impacted the world as a whole. Papers which focused on the topics related to the Arts stream collectively expressed the jeopardy caused by the pandemic. While science is the first thing that may strike the mind when thinking about the coronavirus, these papers highlighting the psychological, mental, social, and cultural implications of the same.

Several papers were received which highlighted the psychological and social impact of the pandemic and the subsequent lockdown. Since a lockdown of this magnitude has never been implemented, it came as a shock to many.

So, numerous papers focused on the mental health of the different sects of people – such as students, employees, daily wage earners, farmers, the poor and even a general perspective on the impact via surveys and other mediums. A group chose to interview doctors and other health workers to establish their mind-frame during these difficult times.

Mental health at home was also addressed, by emphasising on topics such as domestic violence and any impact on familial relations. A paper was also received by a visually-impaired student, highlighting the impact the pandemic has had on their academic opportunities and higher education. Some postgraduate papers focused on the aspect of conformity to explain the illness symptoms experienced by healthy individuals. The effect of the pandemic on society has been damaging. Keeping that in mind, some papers chose to emphasise how society has transformed in the last couple of months. These papers included topics like international policies, world relations and globalisation, which were analysed and assessed, with appropriate measures to minimise the damage.

A few papers focused on how the general overview of China has changed with the incoming of the virus. The students have analysed the accountability of the Chinese government and the dominance asserted by China since it is the first country which has nearly eradicated the disease. One paper surrounded the topic of xenophobia, highlighting the treatment of the Chinese and racial outcome of the disease.

Science

The scientific community of this generation faced their hardest challenge with the coronavirus pandemic. The pandemic could not have been predicted by the greatest minds in science and could not be contained due to the inherent ability of the virus. It was now a necessity to analyse the impact of the pandemic and the future of the field. Thus, young minds embarked on a journey to facilitate this movement.

The papers based on science chose a variety of topics to analyse. Research methods such as interviews, surveys and reviews of the literature were undertaken. Several hypotheses concerning the spread of the virus were proposed. Some papers revealed the true nature and behaviour of the virus and the spread of the disease. Analysis of the impact of virus on the scientific community was achieved, with emphasis on the research and therapeutic sector.

Many papers focused on the myths surrounding the coronavirus and debunked them, with appropriate scientific information and justification. A study was also formulated on how the COVID-19 pandemic had propelled the research and innovation in India and even on a global scale. A group did a comparative study and listed the strategies implemented by renounced countries to contain the spread of the disease. While the results of the strategies were varied, the paper proposed plausible explanations for the same.

A winning paper emphasised on the drawbacks of the Indian healthcare system and how has impacted the situation. It has critically analysed the limitation of resources needed to eradicate the virus. Lastly, it has postulated solutions and areas the Indian government must focus on hereon forward. Therapeutics was also one of the frontrunners. Some papers suggested therapeutics while others critically reviewed the techniques. Therefore, a complete evaluation of the influence of the pandemic on the scientific sector, working, its eradication as well as its limitations were revealed by the papers that were selected.

Commerce

The COVID-19 pandemic has affected the world like no other event recorded in the bygone times. Since the commerce sector comprises of the wheels of the world, each paper received was unique focusing on how the pandemic has hindered the growth of several industries.

Given that the world economy is in a jeopardy, the papers went beyond the economy and emphasised on specific industries such as the travel industry, aviation, education, IT, and agriculture. Some papers even recommended ways in which the respective sector can recuperate from the pandemic.

Other unique topics such as the role of social media were also discussed. The pros and cons of the influence of social networking apps during these difficult times were critically analysed. The recent issue of misleading messages from these apps was also addressed and dissected. A winning paper described how this pandemic paved a way for these apps to connect people during the times of social distancing.

Emphasis was laid on the effect of the pandemic on education and the outcomes of distance learning. Restricted opportunities for higher education were also explored. One paper evaluated the amenities for the poor and homeless during such a time and revealed the efficiency of the steps taken by the government to protect the poor.

Employment in many industries was also a complex topic that was dealt with. A well-appreciated paper highlighted the impact of the pandemic on the newspaper industry. Some assessed the abrupt change in consumer behaviour and its subsequent impact on businesses and ultimately, on the stock markets. An all-round assessment of the commerce sectors was observed through surveys, interviews, and bibliometrics analysis.

Department of B.Voc Travel & Tourism



Due to the ongoing coronavirus pandemic, Dubai Expo 2020 has been postponed to 2021 and the rescheduled new dates calls for an opening on October 1, 2021. However, the online lecture discussed about the plans which were made for Expo 2020. The talk gave the virtual tour of country Ice land and other main points such as stays, attractions, various routes to be followed, weather, transport, costing etc. It gave insights about what all events will be organised and how things will be managed. The attractions and routes and the cost of Dubai Expo 2020.

Expo 2020 is a World Expo to be hosted by Dubai in the United Arab Emirates, originally scheduled to open on October 20, 2020, and to end on April 10, 2021. It also gave insights about the various routes and itinerary that can be followed as tour operators and tour guides in Canada. Now this information will be helpful in the early planning of the postponed event.

***Destination Product
Training –
Dubai Expo 2020,
Canada, Iceland,
Belgium- Netherlands-
Luxembourg***

***Name of participating
colleges:
Jai Hind College
Autonomous,
St. Xaviers College and
Garware Institute, MU***

Department of History



The following online lectures were organized by the department to encourage learning during the Covid-19 lockdown period.



- Online Guest lecture with Mr Mark Anthony, CEO of Happymiles, Italy for SYBA Travel & Tourism students through a video conference on Zoom. Title of the lecture was Tourism in Italy and Spain after COVID-19 which was held on 06th April 2020.
- To mark Ambedkar Jayanti an online guest lecture was scheduled for FYBA History students on Caste, Mortality and the Influenza Pandemic of 1918-19, which was delivered by Dr Mrunmayee Satam of Amity University, on 14th April 2020. It will help the students to prepare for the 4th Module that deals with Subaltern contribution to India's Freedom Struggle. The lecture was well received by students. Total number of students who attended were 47 and 2 teachers from Degree and 1 from Junior College from the History department.
- An Online Guest lecture on "Development of Road Safety in Colonial Mumbai" by Dr Satwant Balse was organised for FYBA students on 23rd April 2020. The session was attended by 24 participants.
- Guest lecture for the SYBCOM students on "Patients' Rights in India: Charting Facts and Fallacies" was delivered by Dr Madhu Kelkar. It was attended by 67 students and 3 faculty members.
- Online talk on 'Gender Implications of Covid 19' for Jai Hind College, speaker was Dr Vibhuti Patel. It was a webinar held on a national level from participants all across the country.

Department of Microbiology

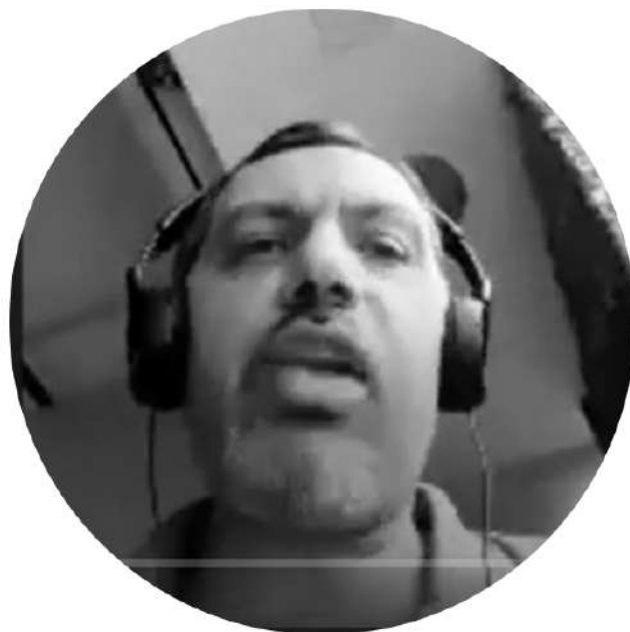
The covid-19 lockdown was a learning period for the Microbiology department. The following initiatives were taken by the department for teachers and students.

Lecture: Relevance of Microbiology in changing Times

The Department of Microbiology organized a talk on '*Relevance of Microbiology in changing Times*' by Mr. Amit Rao for the students of all First, Second and Third-year BSc class on 04th May 2020.

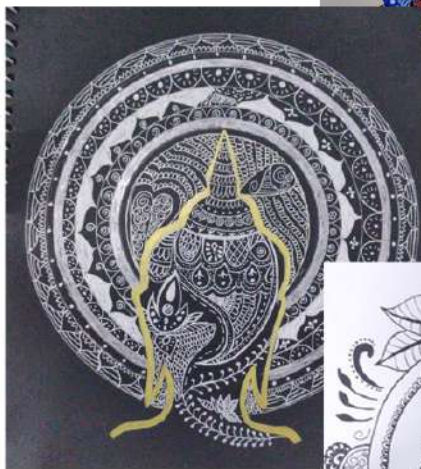
Besides our alumnus, Mr. Amit Rao is an entrepreneur and well-known name in the field of biologics. Had his MSc degree from Haffkine Institute, which is one of the famous institutes of Mumbai. Mr. Rao has been working with a lot of multinational companies which produce biology products. He is also a member of our Board of Studies.

The objective of the talk was to engage students during this time of Covid 19 and giving them an insight about the role of microbiologists in different fields. There was an overwhelming response from the students, with 54 participants. Through this interactive session students were enlightened about the various opportunities for a Microbiologist and how they can play an active role helping out the society for betterment during such crisis.



Mr. Amit Rao

Department of Philosophy



Department of Philosophy kept engaging students in various ways. First, emotionally a lot of support was given to each student by counselling them. Secondly, many sessions were taken of students to calm them down and empower them to have control over anxiety-related issues. This was done through guided meditations and using techniques of philosophical importance given in Bhagwad Gita of Karma Yoga (motivating them to take proactive steps like doing charity, serving the needy, etc.), Jyana Yoga (intellectually tackling every challenge of life) and Bhakti Yoga (seeking answers through the process of devotion).

The Mandala Making activity which is a Buddhist Meditative Art Therapy was done from the beginning of the lockdown period and is still going on. Students make beautiful mandalas which help them to maintain focus and as it is an art therapy, it helped them emotionally too to express all types of emotions. These Mandalas are analysed by Philosophy Head of Department, Ms Simmin Bawa and students are further guided to make more Mandalas with variations. Students made Sufi Saints, Lord Shiva, Corona Virus, fairies, faces, peacocks, abstract mandalas and many other types of Mandalas. A very successful activity and effective activity.

Another very effective and interesting session was the session on 'Attitude of Gratitude during COVID-19 Pandemic'. Students met on Google Meet platform and each student expressed gratitude for all that they had and experienced during these Pandemic times such as valuing food, dignity of labour, family support, friends to talk to, flowing source of income of parents, good health, immunity, etc. Each student heard the other patiently and then and there a lot of counselling took place between peers and with the help of the facilitator of the session Philosophy Head of Department, Ms Simmin Bawa.

Academically, students were engaged with quizzes, research articles, article reviews, assignments, etc. through the Google Classroom Platform.

Department of Political Science



In order to ensure that the students stay positive and use the lockdown period in a most productive manner the following activities were organized by the Pol.Sc department:



Created awareness about the 'Earth Day' on 23rd April, 2020. Emphasised on the importance of the Earth Day.

Educated the students about the importance of 'National Panchayati Raj Day' on 24th April, 2020.

Emphasised on the importance of celebrating May Day as Labour Day and the Formation of Maharashtra as a separate State.

Students were encouraged to do the online courses.

The students were motivated to participate in an Essay Competition organized by 'Majlis'. The topic for the same was "Domestic Violence: The Hidden War during Covid-19".

Encouraged the students to volunteer for Covid 19 on mygov.in. .

Encouraged the students to participate in a National Level Quiz Competition on Government Schemes that would help students to create awareness on various government initiatives. This was organized by Sahyadri Shikshan Seva Mandal's Arts & Commerce College.

Encouraged the students to participate in a Research Paper competition on 'Diamond Jubilee of Statehood: A Perspective on Movements & Developments of Maharashtra' organized by Vaze College of Arts, Science & Commerce, Mulund (E) .

Department of Psychology



The faculty and students of the Psychology Department undertook myriad of activities during the lockdown phase of COVID 19 crisis. The motto was to ensure that all would maintain their well-being and continue to function with optimal efficiency. The steps adapted in this direction were:

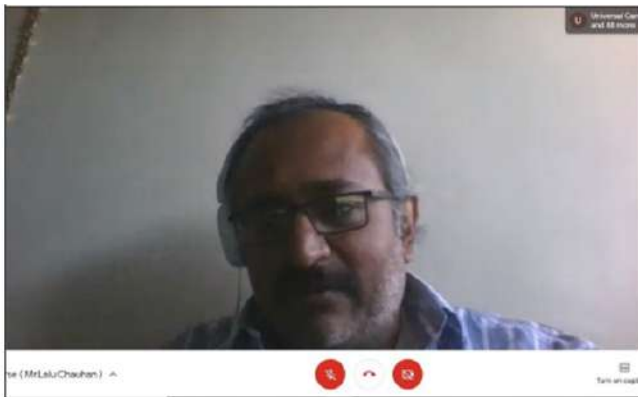


1. Undertaking CSR activities at personal level to help people in the neighbourhood and serving people in crisis via many NGOs.
2. The faculty undertook various Faculty Development Programs to learn new online tools and attended webinars to explore novel areas of interest.
3. The faculty conducted online interactive sessions with the students to teach and assess them on various topics.
4. Faculty was proactive in sharing information with their students regarding online courses from various sources. Students attended numerous courses to enhance their knowledge and skills.

Department of BAF / BBI / BFM

Project Presentations- 6th to 11th April, 2020.

One of the most major challenges brought up by the Covid-19 was cutting access to the education system. To devise a strategy to keep students involved and intact to their education, the department decided to go ahead with conducting the internal symposia Vivas of all the Third Year students. The vivas were conducted by the in-house faculty of the department for a span of one week over Zoom.us, involving discussions on diverse topics like gender inequality, climate change, Refugee crisis to name a few.



Concourse for Electives- 25th, 26th and 28th April, 2020.

With autonomy in full swing, the board of studies of the department proposed and approved the introduction of electives for the upcoming TY batch. The electives were to be offered in three key areas i.e. Taxation, Human resource management and Marketing. This was to help the students to make an informed decision. The department's home grown club Concourse known for its guest lecture series, introduced an exclusive special series where in Industry experts were invited for an interactive session with the students over google meet. Mr. Lulu N Chouhan, Deputy general Manager, an internal audit spoke about Taxation. Ms. Arpita Dey Deputy HR manager at Mahindra and Mahindra spoke about Human Resource. Mr. Ashish Jha, renowned marketing consultant helped to shed light on Marketing.

The Financial Cell Debate- 1st May, 2020.

The Lockdown and pandemic can never stop creative minds. The department incepted the idea of an exclusive Financial Cell, as a part and legacy of the departmental Fest Entourage. The cell aims to cater various activities and events based on the departments core competency which is FINANCE! The first ever event of the Financial Cell was the: "Asian Parliamentary Debate ", which had students debating on various issues like plagiarism, nepotism and so on. The event was spread across over 3 days and the final round was graced by our beloved Principal Dr. Ashok Wadia and an expert panel of judges. The event took place over zoom call. After the success of this event, the team came up with brilliant events like Financial Lotto and Shorter Quarter.

Concourse goes GLOBAL- Series of talks beginning from 9th May, 2020.

Since the past 3 years, Concourse is known for bridging the gap between industry and academics by getting intellectual minds and their thoughts to our students. Even if COVID-19 practically had cut us off from all international borders, but knowledge knows no borders. In this perspective, Concourse started its #GoesGlobal initiative where in industry experts from all over the globe were invited over google meet to share their thoughts and wisdom. Mr. Dushyanta Kawdikar from Grey Stone College, Canada, spoke about Personal Development strategies. Ms. Faye Salins from Southern Alberta Institute of technology, Canada, spoke on the topic of enhancing intercultural competencies. Mr. Noel D'Souza from Barclays, Dublin Ireland, enlightened students on leverage financing.

TEACH Initiatives



TEACH: Technology in Education for Active Content Harmonisation

Ongoing activity commenced with a Google Hangout Meet on 21st April 2020 to explain about the G-suite apps which are accessible through the institutional login- Google calendar, Google forms, Google sites, Google doc, sheets, slides, Google classroom.

In continuation, as an on-going activity, video tutorials and assignments are being sent to all teachers to learn all aspects of Google classroom. The first tutorial was sent on 25th April 2020. The sessions were conducted by Mr. Wilson Rao, Mr. Gokul Ganesan and Dr. Rakhi Sharma

The objective of the initiative is to empower teachers to augment their classroom teaching experience with tools that are essential for a holistic teaching-learning. The ground work laid out right now will come in useful to engage students intellectually in the coming academic year which is likely to be affected due to restricted movement as a result of COVID situation.

Interesting outcomes of the event were:

1. Awareness of the tools that are freely accessible through the institutional login.
2. Learn the optimum use of Calendar for making time table & lesson plans; Google forms for making quizzes (exclusively available to G-suite edu plan users)
3. Training in use of Google classroom as a collaborative LMS tool for effective content delivery.

It is understood that initiative was received well based on informal feedback from 136 participants. Since the program is ongoing, a formal feedback is due to be taken from the beneficiaries.

COURSERA COURSES:

Teachers and students from various departments has enrolled for various courses in Coursera to during the lockdown period. This has helped to tremendously enhance the skills and knowledge. Apart from this they have also got trained to engage classes in various other platforms.

Motivational Talk

A motivational talk was organised by the IQAC team of Jai Hind College Autonomous for its own faculty members and students on 6th May 2020 at 11:00 a.m. on Google meet with 194 participants.

The opening Remarks were addressed by Dr. Ashok Wadia, principal , Jai Hind College followed by Mr. Hemant Shah, consultant and motivational speaker & Mrs. Asmita Kamath (yoga instructor) who were our resource person for two sessions.



Mr. Hemant Shah

Mr. Hemant Shah focused on the first session “Power of being optimistic”. He motivated the participants to excel in life with being positive and how to build self-esteem and remain calm during this period of lockdown. He shared his life experience with the participants and shared few mantras of remaining positive. He focused upon various aspects in life where each individual should take advantage of creating positivity during these days of lockdown.

The next session was conducted by Mrs. Asmita Kamath where participants were involved in the pran-dharana session with breathing exercises for building positivity within them. She taught how to remain calm just by controlling your mind which is needed for the hour.



Mrs. Asmita Kamat

After the session participants were overwhelmed with a positive attitude. The closing remarks were addressed by the Principal and the session ended.

Talks



The speaker for the talk on *Gender Implications of COVID 19-Women, Labour and the Informal Sector* was **Professor Vibhuti Patel**. She is a Professor at the Advanced Centre for Women's Studies, School of Development Studies, Tata Institute of Social Sciences, Mumbai. There were in all 248 participants from various colleges namely, Jai Hind College, Tata Institute of Social Sciences, St Xaviers, Vacha Trust, and there were mixed group of participants of lawyers, activists and NGOs.

The session gave an in -depth knowledge about how social distancing and stay at home orders have had a gender differential impact, concept and analysis. Prof Patel covered the issues such as Concept and analysis of women's work; Valuation of production and unproductive work, visible and invisible work; paid and unpaid work, economically productive and socially productive work – economic status, private property, women workers in the subsistence sector and industrial sector, Women's contribution to National Income, Factors affecting female entry in labour markets, work participation of women in agriculture , Non-agricultural rural activities, informal sector, cottage and small scale industries, organised industry, and services sector, Wage differentials in the labour market, Predicaments of women headed households-widows, single, deserted, divorced, households facing long term male migration, Determinants of Wage differentials; gender, education, skill productivity, efficiency, opportunity , Structures of wages across regions and economic sectors.

Where as the speaker for the talk on *Food Processing, Food Security, Jobs & India's Prosperity* was **Mr Anantha Padmanabhan**.

There was a discussion based on a Swedish company which was founded in 1883. It started in the separation of solutions and now deals in the production of specialised products and solutions for heavy industry. The products are used to heat, cool, separate and transport such products as oil, water, chemicals, beverages, foodstuffs, starch and pharmaceuticals. It traces the problem, from the inadequate production of food grains. A critical analysis of India's food security system was made in light of present day problems and Mr Anantha spoke about the strategies India needs to look in to enhance Agriculture related industries and start- ups. The future of jobs was discussed and how India could be made prosperous. The talk was followed by a discussion between Mr. Padmanabhan, Dr. Ashok Wadia and Mr. R N Bhaskar.

National Service Scheme (NSS)



The students of National Service Scheme (NSS) of the college focused on series of activities for prevention of Covid 19.

Group 1 Adnan Khan (FYBSc) - Creating awareness on making the masks for people.

Group 2 Tanzeela Khanam (FYBSc) - Making videos on how to make sanitizers using easily available materials.

Group 3 Akash Dahiya (FYBSc) -To spread awareness on carrying exact change for shopping or accept change in shopping bag. This will reduce risk of transmitting infection in people during transactions.

Group 4 Archana Aila (FYBSc) -Spreading awareness on feeding stray animals and birds outside society premises. It is part of greater social responsibility for increasing mass awareness.

Group 5 Ayushi Arora (FYBA) - Giving ration and essentials to sweepers and sanitise everything from outside with sanitizer and salt. It is an important step to sanitise purchases and helping the needy.

Group 6 Divya Samant (FYBSc) -Help senior citizens to buy groceries and keeping relaxed mental health. It is helping and assisting the aged and lonely senior citizens with life's necessities.

Group 7 Nishka Shinde (FYBSc) -Respect covid 19 patients after recovery by having a decent behavior to them. This is helping in recovery of Covid 19 patients and helping for their speedy recovery.

Group 8 Rohit Vishwakarma (FYBSc) -Making liquid sanitizer and distribute just 10 sachet every day. It is to help in accessibility of hygienic sanitizers for masses especially those who cannot afford them.

Group 9 Vidushi Arora (FYBA) - Prefer homemade food avoid outside food till lockdown. Refresh your mind with new hobbies or refreshing music.



Prof. Ashutosh Saxena: To collect a contribution from Rs1 to Rs1000 through google pay for distribution of essentials to adopted area at Tara Village Yusuf Meherali centre Panvel.

Junior College Activities



MARCH 16-APRIL 15, 2020

All the Junior College teachers reported to college as usual. The teachers evaluated and moderated the board exam answer books. The college also conducted out of turn HSC Board 2020 practical exams as per the schedule and prepared the results to be sent to the board office at Vashi on the 21st of March, 2020 as per the board schedule, which were delivered by our office staff. Post 23rd March the staff stopped coming to college due to successive lockdowns.

Throughout the lockdown the teachers have stayed in touch with the students through the whatsapp groups. They have been able to keep the spirits of the young students high and boost up their morals in the tough times by guiding them on different matters. Ost 30th March many quizzes were devised especially for the Commerce students. The teachers who organised the quizzes were Ms. Kajal, Ms. Surti, Ms. Lakhani, Ms. More, Ms. Soniya, Ms. Pooja, Mr. Ved and Mr. Omkar.

The college also offered Coursera courses to it's staff and students. Not only the staff but also the students took a lot of interest in the same and joined courses based on their interests. Textbooks in the form of a PDF were released for standard XII by the government. The PDF and the links f the same were shared by the college with the students.

This newsletter covers a glimpse of some of the activities conducted within the period of March 16 to May 15, 2020 for students. Apart from this, a host of activities were conducted for teachers and students by various departments.

Write to us : feedback.thereflections@gmail.com